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SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 20, 2017

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## Crowning Of The King And Queen This Sunday

by Jeff Lysiak

An island tradition for 32 years, the coronation of the Baileyfest king and queen took place last Friday morning at The Sanibel School, as fifth graders Landon Williams and Emily Kremenchuker were officially crowned to the applause of their friends and fellow classmates.

This year's Baileyfest celebration will be held this Sunday, October 22 from noon to 4 p.m. in Bailey's Shopping Center, located at the corner of Periwinkle Way and Tarpon Bay Road. Admission is free and all are invited to attend the community gathering.

Chuck Vilardi, principal at The Sanibel School, made the formal coronation announcement on October 13 via the school's 8 a.m. SEA-TV broadcast. Landon's parents, Keith and Tiffany Williams, and Emily's mother, Ita Neymotin, watched the announcement



The Sanibel School Principal Chuck Vilardi, center, with fifth graders Landon Williams and Emily Kremenchuker, who were crowned king and queen of Baileyfest 2017

photo by Jeff Lysiak

from the school's media center.

"I'm very surprised... and this is very cool," said Williams upon learning that he had been named Baileyfest king. "I'm

really happy," added Kremenchuker. "I enjoyed writing the essay because I love all of the wildlife on Sanibel."

Later, Vilardi escorted the king and

queen to their classrooms where they read their award-winning essays, which follow the theme What Sanibel Means To Me.

### Landon Williams' Essay

I have lived here on Sanibel for mostly my whole life, so I have good experience with the wildlife and people.

I love to bike with my friends all around the island. I am glad Sanibel is a safe island that allows you to bike safely. My friends and I also love going to Lighthouse Beach and sitting on our favorite tree. We like to look for dolphins in the water and just enjoy the view.

Sanibel has a variety of animals, from tiny crabs to huge manatees. Sanibel has some awesome wildlife. If you are lucky, you might get to see the roseate spoonbill. I have seen a huge pen fish with little pen fish following behind. That is the coolest thing I've seen there.

When I am crossing the bridge going to Sanibel, I love to look at the lighthouse and the dolphins in the water. At night on the bay, I like to look for sharks in the water. I love to catch crabs at the bay and on the mangroves. The shelling at Sanibel is the best shelling in

continued on page 4



Visitors exploring the new restroom facilities outside the refuge's Visitor & Education Center, a renovation called Project#LearningLav, which includes paintings, photographs and sculptures of wildlife

photo by Jeff Lysiak

## Learning Lavatory Exhibit Debuts

by Jeff Lysiak

Last Friday morning at the JN "Ding" Darling National Wildlife Refuge, the second phase of the Project#LearningLav renovation was unveiled at the Visitor & Education

Center, where the restroom facilities now include both artwork of wildlife and an environmental educational component.

Funded by a \$125,000 grant from the West Coast Inland Navigation District (WCIND) and contributions from private donors, Project #LearningLav has created educational imagery inside the center's lavatories and on the outdoor wall leading to them. The exhibit is the

continued on page 45

## Pink Out Returns Next Thursday



From left, Ryan Konst, Kelsey Hoagland, Susan Scott, David Flory, Ryan Koehn and Mary Bondurant

photo by Jeff Lysiak

by Jeff Lysiak

The 6th annual Pink Out Sanibel & Captiva Islands – also known as Picnic at the Pink Out – will be held on Thursday, October 26 at Sanibel Fire & Rescue District Station #1, located at 2351 Palm Ridge Road.

The Radiology Regional Center Mobile Mammogram motorcoach will visit Station #1 between 11 a.m. and 1:30 p.m., while a picnic-style celebration will take place inside the

continued on page 27



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# Sanibel Historical Village Seeking 1960s Items

The Sanibel Historical Village will be celebrating A Sanibel '60s Christmas at its pre-Luminary open house on Friday, December 1 from 3:30 to 5:30 p.m. The event will highlight what it was like on Sanibel during the 1960s.

"We are missing some pieces to make it the best Luminary open house yet," said event co-chair Gayle Pence. "We are looking for an original Causeway Coupon Book, along with pictures having anything to do with the causeway during the 1960s."

Pence said the Christmas committee is also looking for any and all 1960s-era items, including Chatty Cathy dolls, Barbie's Dream House, Easy-Bake Oven, GI Joe dolls, Wham-O Super Balls, Lite Brites, Operation and Life games, Hot Wheels, Play-Doh, The Slinky, Mr. Potato Head, the Twister game, the Sketch-O-Matic, cap guns, roller skates with a key, lunch boxes, hula hoops, cowboy outfits, hop Scotch games, men's fedoras, pill box hats, poodle skirts, bobby socks, saddle shoes, cardigan sweaters, high school letter jackets and sweaters, 45 rpm records, Davy Crockett hats, Sanibel Causeway coupon books, any Sanibel news items pertaining to the causeway and other things that were



From left, Nanette Laurion, Gayle Pence and Laura Beckenbaugh photo provided

happening on the island during this decade, aluminum Christmas tree, any household items or decorations pertaining to the 1960s, and 1960s clothing items.

"These are the items we need to borrow from friends, neighbors and family members to make this the most authentic holiday open house to date," Pence said.

People can bring any of these items

to the Historical Village. The village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Call 472-4648 if you have any questions.

The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access. Admission is \$10 for adults (18 and over). Members and children are free. For more information, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).

## American Legion Post 123

This Sunday, October 22, American Legion Post 123 is serving barbecued ribs and chicken from 1 to 8 p.m. Cost is \$12 to \$14. There will be a chili cook-off on Saturday, October 28. Fish and shrimp are on the menu for Sunday, October 29.

Every Monday, 9-ball pool tournaments are played. New and returning players are welcome. On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has cookbooks available.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✴



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From page 1

# Baileyfest

the country. I love looking for shells and looking for sea life like horseshoe crabs and sea snails.

I love how Sanibel comes together as a community and everyone is friendly to one another and everyone is willing to help each other. The hurricane was a really bad one and it was my first. After the hurricane, my brother's friends and I went around the island and handed out water to all the workers and people working in their yards.

So that is what Sanibel means to me. I will always remember growing up on this humble and beautiful island.

## Emily Kremenchuker's Essay

Sanibel feels like home and I couldn't even start to imagine my life without it. I have had a lot of personal experiences and adventures.

I have learned many things in Sanibel that I would not be able to do or learn in Fort Myers. For example, once in camp we had went fishing in a boat far out to sea and I caught two fish. That day I learned how to cast a net and release a fish. Another time was when I went to this other camp called Sanibel Sea School. It was Barnacle Week and we went snorkeling at night and saw stingrays, sea stars and crabs. That camp was my favorite. We had surfing races and my team won. We went to the beach, had weekly barbecues. It was a blast.

The Sanibel School is a great school

and I very much appreciate having a school that I look forward to every single day. I love all of my teachers and friends in The Sanibel School, and hope for many more years of success.

There are breathtaking views from the causeway. You can see animals that you would not be able to see everywhere. For example, the crystal blue water, dolphins and other sea creatures. Just the wildlife itself is amazing. Places like "Ding" Darling have more than thousands of visitors a year.

In conclusion, Sanibel is my life. I have done so many things here, and I am very fortunate to go to school on this island. My life is filled with memories from Sanibel. I don't know what I would do without it.

## Baileyfest Details

According to event organizers, the all-day Baileyfest will feature live entertainment, a chili cook-off, games, raffles and giveaways, face painting, pony rides, food and refreshments, information booths from local service organizations plus plenty of other surprises. As always, Baileyfest is free to attend and open to the public.

Traditionally, Baileyfest begins with the singing of *The Star Spangled Banner* by members of the BIG ARTS Concert Band, followed by opening remarks made by local dignitaries at noon. One of the time-honored traditions of the event, both the king and queen of Baileyfest will then be officially crowned after they arrive via a

carriage pulled by a mule team.

Back by popular demand, event emcee and singer Frank Torino will entertain Baileyfest crowds with his renditions of classic songs made famous by Elvis Presley, Frank Sinatra and Tom Jones. Entertainment will also include the Beacons Quartet, Another Door Opens, Megan the flautist, Bob MacPhail and his "Conchalele," Eddie from Bailey's (singing *My Girl*), Sanderella, The Country Chicks, Peter Redpath, The Country Rhythm Cloggers directed by Pat Bedingfield as well as Joey Giangreco and The Sanibel School Steel Drum Band and chorus.

In addition to games for youngsters and inflatable activities, Baileyfest will give away nearly \$1,400 worth of prizes and gift certificates from local merchants. These will include:

- Bailey's General Store – \$100 gift certificate
- Bailey's Catering – \$100 gift certificate
- Billy's at Bailey's – Two bicycle rentals for 24 hours
- Lily & Co. Jewelers – \$100 gift certificate
- George & Wendy's Sanibel Grille – Four \$25 gift certificates
- Island Cleaners – \$100 gift certificate
- Select Vacation Properties – \$100 gift basket surprise
- Sanibel Barber Shop – Three haircuts with styling (value \$30 each)
- The Grog Shop – \$100 case of wine

- Whims – Three \$25 gift certificates
- Joey's Custard – Four \$25 gift certificates
- Beach Piez – Four \$25 gift certificates
- Sanibel Sprout – Five \$25 gift certificates
- Island Cinema – Five \$20 gift certificates

For more information, call Bailey's General Store at 472-1516.✧

# City Seeking Applications For Committee

The City of Sanibel is currently accepting applications for the Historical Preservation Committee. If you are you interested in the preservation of Sanibel's unique history and would like to help provide residents and visitors with reflections of the island's history, apply online at [www.mysanibel.com](http://www.mysanibel.com). Go to "Advisory Committee Application" and click the green "Apply" button to complete the application, then click the green "Submit" button.

Responsibilities include attending a committee meeting on the first Thursday of each month at 9 a.m. in MacKenzie Hall at Sanibel City Hall.

The deadline for submission is Wednesday, October 25 at noon. If you have any questions, call 472-3700.✧

# YOU ARE INVITED!

## SANIBEL COMMUNITY CHURCH

# FREE MOVIE NIGHT!

Sunday, October 22<sup>nd</sup>  
at 5 p.m.  
in the Sanctuary

Chariots of Fire retells the true story two men driven by a need to run. Both exhibit unbelievable speed, train religiously and share a passion to compete in the 1924 Olympics. This is the perfect movie to inspire you before the F.I.S.H. 10K Run.

Free snacks will be served at 4:30 p.m. There will be a free will offering received for F.I.S.H. of SanCap.

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We are gathering a fabulous collection of donated items from our members and the community. However, we are still in need of your clean, gently used items here at the Center 4 Life. Drop off is available Monday through Friday between 8:00 a.m. - 3:30 p.m. Items include:

• Household Furniture	• Luggage	• Linens (Towels, Sheets, Pillows)
• Glassware	• Fishing/Boating Supplies	• Toys
• Collectibles	• Sporting Goods	• CDs and DVDs
• Home Decorations	• Cookware	• Fashion Purses and Wallets
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**Donations are Tax Deductible**

We kindly ask that no books, clothes, shoes, computers, printers or old TVs be dropped off. If you have any questions, please contact the Center 4 Life at (239) 472-5743. Support Island Seniors, Inc. by attending this event and have a little fun treasure hunting. Hot dogs, chips and drinks will be sold during the event. Come join the fun!

**2401 Library Way, Sanibel**  
Thank you for supporting  
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## Sanibel Rabbi Receives Honor From Vanderbilt

submitted by Susan Shuman

Rabbi Stephen Lewis Fuchs, Rabbi of Bat Yam Temple on Sanibel, was officially named Distinguished Alumnus of 2017 by Vanderbilt Divinity School in Nashville, Tennessee. Rabbi Fuchs (DMin '92) is the first Jew in the history of VDS to receive this award.

To be considered for the Distinguished Alumnus Award, one must demonstrate excellence and distinction in justice making through their work in congregational ministry, religious institutions, ecumenical organizations, community based organizations, government or other social institutions.

"I am humbled and proud that Vanderbilt Divinity School has recognized me in this way, particularly since I have learned that it is rare for a Christian Divinity School to recognize a Jew in this fashion," said Rabbi Fuchs, who assumed the pulpit at Bat Yam Temple of the Islands in September. He is also rabbi emeritus at Congregation Beth Israel, has been a strong advocate for universal health care, playing a significant role in the passage of legislation for access to quality, affordable health care in Connecticut.

Rabbi Fuchs is a former president of the World Union for Progressive



Rabbi Stephen Lewis Fuchs, center, in the sukkah with students from Sanibel Congregational United Church of Christ Christian Preschool photo provided

Judaism. During his extensive travels, Fuchs and his wife, Victoria, have visited many churches and schools in Germany to help educate young people about the significance of the Holocaust.

The rabbi is the author of four books – *What's in It for Me? Finding Ourselves in Biblical Narratives*, *Tora*

*Highlights*, *Why the Kof? Getting the Best of Rabbi Fuchs*, a collection of his essays and blog posts, and *Why Triple Chai?*

The awards dinner and ceremony was held on October 17 at the University Club of Nashville.\*

## Movie Night At The Church This Sunday

Sanibel Community Church will present the movie *Chariots of Fire* on Sunday, October 22 starting at 5 p.m. *Chariots of Fire* retells the true story of Eric Liddell and Harold Abrahams, two men driven by a need to run. Both exhibit unbelievable speed, train religiously and share a passion to compete in the 1924 Olympics. But there's a deeper issue. What begins as a classic conflict of man against man evolves into a study of inner strength as the two must find victory in being true to their own hearts and convictions. This is the perfect movie to inspire you before the 10K Race 4 FISH.

There is no charge for the movie or snacks. Attendees are welcome to arrive at 4:30 p.m. Organizers will accept any donations to support FISH of SanCap.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus located at 1740 Periwinkle Way. For more information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).\*

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OBITUARY



**TIMOTHY SCOTT GORDEN**  
submitted by Judie Gordon

Timothy Scott Gorden, born January 25, 1960, passed away into the arms of the Lord on September 1, 2017 at the age of 57. He left behind his son, James Gorden; his mother, Judie Gorden of Sanibel; his brother, Michael (Denise) Gorden of Commerce, Michigan; his sister, Susan (Bob) Darrow of Fort Myers; his nephews, Robbie (Darrow) and Michael (Gorden); his nieces, Nicole (Sidlek) Gorden of Butler, Pennsylvania

and Heather (Gorden) of Commerce, Michigan; and the love of his life, Peggy Watt (Weiland) of Sarasota – his angel on earth! He was predeceased by his father Jim Gorden in 2000.

Tim was a 36-year employee of Ford Motor Company in Michigan. He resided with his mother, Judie, since October, 2016, in order to be treated at the Moffitt Cancer Center of Tampa. He loved Sanibel and had visited there since 1972. He particularly loved the beach, trail day, digging for king’s crowns as a youngster, and so many more aspects of the island that they cannot all be mentioned.

Most of all, Tim loved the Lord and Sanibel Community Church. He quickly became involved with the Carpenter’s Cafe, making specialty coffee drinks. His many friends loved him as much as he loved them. His sense of humor went with him everywhere he went, and I’d like to think that he and his dad, Jim, are cracking each other up in Heaven.

Tim desired to retire to Sanibel. That did not happen, but God gave him six months of pure enjoyment before his disease became his world. God blessed me with the last year of his life to help and care for him for which I give thanks to my loving Lord. Not many mothers get that kind of blessing. I will miss Tim’s presence, his love of life, his ever-present smiles, his silliness and, most of all, the love he gave to me.

If any of Tim’s friends desire, donations in Tim’s name should be directed to the Glioblastoma Foundation

at Moffitt Cancer Center. Tim survived this devastating brain cancer only 18 months from the day of his diagnosis.

A celebration of Tim’s life will be held at Sanibel Community Church on

Saturday, October 21 at 10 a.m. in the Historic Chapel. The church is located at 1740 Periwinkle Way on Sanibel. The service will be followed by a light lunch in Fellowship Hall.✽

MEMORIAL SERVICE



**HAZEL E. AMON**

A service will be held for Hazel E. Amon, 101, former Sanibel resident, at The Community House on Saturday, October 21 at 11 a.m.

A Sanibel resident for nearly 40 years, she dearly loved the island. With her late husband, Richard “Dee” Amon, they first

came to the island in 1959 for a vacation and immediately fell in love with it. Hazel and Dee were long time members of Sanibel Community Church and later Sanibel Congregational United Church of Christ. She was a realtor for Pricilla Murphy and Sanibel Realty for many years. She enjoyed being a docent at the Sanibel Historical Museum and was active in many other organizations.

If you knew Hazel, you knew of her love for people and her zest for life, never missing a day on her bike and a swim in her pool. She also enjoyed her exercise group at the Senior Center and the Wednesday “Happy Hour.” May her laugh live in our hearts.

Local family are Ron and Leanne Ritchie, Connie Davidson, Deanna Winkleback and family. She also leaves her children; Barbara Amon Chapin, Lauralee Grinnell, Rick Amon, Donna Durst and Mike Amon. She loved 14 grandchildren, 22 great grandchildren, and three great grandchildren, and her nephew Larry Amon, a Sanibel resident, as well as her niece Shelly Amon. Deceased grandson David Ritchie, great grandson Kevin Davidson and great granddaughter Addie Seminsky are now with our kind, happy Hazel.✽

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# Input Sought For Jordan Marsh Project

by Jeff Lysiak

During the Sanibel City Council meeting on October 3, an update on the Jordan Marsh Water Quality Treatment Park project was presented, with detailed information about preliminary plans for the 6.8-acre neighboring preserves, and the landscaping design of the wetland filter marsh.

James Evans, the city’s Natural Resource Department director, introduced Munir Al-Sulah of AIM Engineering & Surveying, Inc., who shared the latest details of the water quality treatment park. Located in the vicinity of Periwinkle Way and Casa Ybel Road, the park will occupy six acres of city-owned land – known as the Jordan Marsh Preserve – and 1.3 acres of land within SCCF’s Bob Wigley Preserve.

“The overall project goal is to improve water quality in the impaired Sanibel River basin to help meet future Total Maximum Daily Load (TMDL) requirements to ensure a healthy balance of flora and fauna,” a city staff press released stated, in part. “Secondary goals of the project are to enhance existing wildlife habitat on the site and educate park visitors on the various Best Management Practices



The proposed landscape plan for the Jordan Marsh Water Quality Treatment Park image provided

(BMPs) used to improve water quality.”

During his PowerPoint presentation on the project, Al-Sulah talked about how the design of the filter marsh will work, how it will impact existing

vegetation and how it will provide increased wetland habitat and improved water quality. The \$600,000 project, which is tentatively scheduled to begin construction in February 2018,

is estimated to reduce nitrogen and phosphorous levels in the Sanibel Slough between 21 and 47 percent.

Proposed facilities to be included at the site are a welcome kiosk, a shell trail and an education/observation tower. Those facilities will be installed during Phase II of the project.

Landscape plans include planting a number of native trees including bald cypress, sabal palm, green and silver buttonwood, pond apple, wild tamarind and gumbo limbo along with shrubs including marsh elder, saw palmetto, cocoplum, muhly grass and coontie, and ground covers and littorals including cattails, cordgrass, black needle rush, leather fern, saltmarsh bulrush, pickerel weed and sawgrass.

“The city has made improving water quality their number one priority in the 17 years that I’ve been working here, beginning with the city monitoring water quality in the early 2000s,” Evans told the council, adding that the Jordan Marsh Park plan will also help improve fish populations in the Sanibel Slough. “These projects are going to go a long way in improving water quality.”

To view details of the Jordan Marsh Water Quality Treatment Park project, visit [www.MySanibel.com](http://www.MySanibel.com).

Public comments and recommendations for the Jordan Marsh Water Quality Treatment Park project are also being sought and may be submitted to Munir R. Al-Suleh of AIM Engineering & Surveying, Inc. via email at [mal-suleh@aimengr.com](mailto:mal-suleh@aimengr.com) or by calling 332-4569 ext. 1019.✧

## City Of Sanibel Vegetation Committee

# Guided Native Landscaping Tours At City Hall

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next tour will be held on Saturday, October

21 beginning at 10 a.m.

Upcoming tour dates are: Wednesday, November 15; Wednesday, December 13; Wednesday, January 10; Saturday, January 27; Wednesday, February 14; Saturday, February 24; Wednesday, March 14; Saturday, March 24; Wednesday, April 11; and Saturday, April 28.

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the

environment and will attract birds and butterflies.

City of Sanibel Vegetation Committee members will provide valuable information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to city hall, located at 800 Dunlop Road, in front of the main staircase. For more

information, contact the City’s Natural Resources Department at 472-3700.

*The Natural Resources Department section of the city’s website, [www.mysanibel.com](http://www.mysanibel.com), offers information on native plants, a listing of licensed contractors, Sanibel’s vegetation standards and codes, and the Environmental Reference Handbook prepared by the city’s vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.✧*

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Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation.fl.goarch.org, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

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San-Cap Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 9:30 a.m. Sunday School 9:30 a.m. Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the first Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.✱



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# Highlights Of Family Fun Day At 'Ding' Darling



Andrew West and his son, Lynx, meet the Blue Goose, mascot of the JN "Ding" Darling National Wildlife Refuge during Sunday's Family Fun Day celebration. At right is Refuge Ranger Monica Scroggin.

photos by Jeff Lysiak



Florida Gulf Coast University representatives, from left, Neil Wilkinson, Jonathan Salas, Jordin Medina, Jordin Liskin and Alyssa Deines



From left, Joe Mahler, Ken Dubie and Jim Patchett of the Sanibel Island Fishing Club



CROW Education Coordinator Rachel Rainbolt and volunteer Will Lejeune



Audrina Westland applying paint to her jellyfish craft project



Jayne Johnston, Florida Fish & Wildlife Conservation Commision Patther Outreach specialist



From left, Isabel Firth, Lori Bulcock and David Garberson of the Cape Coral Friends of Wildlife





From left, Boy Scouts Liam Tritaik and Alexander Erickson and Cub Scouts Christopher and William Erickson in front of the Shell Love Bug



Joe Mahler instructs Kira Huber of Water Ventures on how to properly cast a fly fishing rod



Erika Borden and her children Brooks, Everett and Landry learning how to braid recycled plastic



Visitors at the JN "Ding" Darling National Wildlife Refuge on October 15



Family Fun Day attendees visiting the Water Ventures Learning Lab trailer



# Sanibel Historical Village

## Sanibel Historical Village Announces Its Twilight Talks For 2017-18

**November 1** – A Trip to Historic Useppa  
4:00 at McCarthy's Marina • Seating is very limited

**January 10** – All About Francis Bailey  
7:00 at The Community House

**March 20** – Sanibel Restaurants of Yesteryear  
7:00 at The Community House

**April 11** – 55 Years After the Causeway  
7:00 at The Community House

Tickets are \$10 each (the November 1 boat trip tickets are \$20)  
Seating is limited; reserve your seat today. For tickets, call Emilie Alfino at 472-4648.  
Series sponsored by Wayne and Linda Boyd







Thirty-four pet owners and their beloved charges gathered for the annual Blessing of the Animals at St. Michael's

photo provided

## St. Michael's Holds Blessing Of The Animals

Thirty-four islanders brought their beloved pets out on October 7 to the front porch of St. Michael & All Angels Episcopal Church for the annual Blessing of the Animals. The morning's festivities included a get-acquainted gathering for the animal lovers and a brief, responsorial service, ending with the well-known Prayer of St. Francis. St. Michael's Rector Ellen Sloan performed the ancient traditional blessing with the help of her beloved dog, Zak.

In her preface to the service, Sloan

explained that St. Francis was "just a normal guy – a soldier – who came from a wealthy family. On a trip to Rome, he had a transformational experience, at the sight of a poor man begging for food," she said. "Upon his return home, he established a monastery whose brothers worked out in the world ministering to the poor."

St. Francis realized, she noted, "that we need to look beyond ourselves. The members of his order were expected to go to the people," she said, "because that's where we find God, and that's where we find Christ."

The service's responsorial prayer included the heartfelt words, "For our creature companions, who offer us comfort, ask for little more than our love and care, and who give us great joy, we pray to the Lord." After the service, each

pet, including one cat and numerous pooches, received an individual blessing – one by one – from the rector.

Maria Zoltek, a professional pet caregiver, as well as a popular island soprano, brought her dog Boo to the service.

"I have been wanting to come to the blessing for years, because caring for animals is part of me. It's a wonderful feast day," Zoltek said. "The animals seemed to know that the blessing is for them. They get, instinctively, that it's all about the love."

For information on this and other special events at St. Michael & All Angels Episcopal Church, contact Dr. Sloan at the church, located 2304 Periwinkle Way, by calling 472 2173, or visit [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org).

## Community House

### Foodies And Yogis

A new series begins on Saturday, October 21 at 4 p.m. focusing on healing herbs and spices. The first topic is Lavender, Lungs & Life Force. Learn easy steps to beat stress, manage pain and anxiety, induce rest and optimize health. Start with a beginner friendly yoga session led by certified yoga therapist and lifelong holistic health educator Dr. Susan Pataky, followed by a meal prepared by chef Jarred Harris. On the menu for this course is chilled lavender and melon soup, salad of chargrilled vegetables, baby arugula and lavender infused olive oil poached fish, and a chocolate, lavender and honey tart. Cost is \$49 prepaid at least 72 hours in advance.

### Beading With Shells

Beading with Shells will be held on Wednesday, October 25 from 9 a.m. to noon. Cost is \$35 for members and \$40 for non-members. In this class, you will learn how to combine beading with shells, sea biscuits and other gifts from the sea to create a lasting memento from Sanibel. Anita Gober is the instructor. You can view some of her work at Pandora's Box.

### Potluck Dinner

All are welcome to the potluck dinner on Wednesday, October 25 from 6 to 8 p.m. Jean Baer and Betsy Ventura of Local Roots will discuss the positive impacts of farmers markets on the local economy as well as the challenges facing local farmers follow the hurricane. Bring a dish to share (appetizer, entree, side dish or dessert) that serves six or more and your own beverage. A \$10 donation is appreciated.

### Pumpkin Carving

There will be a pumpkin carving demonstration with chef Jarred Harris on Sunday, October 29 from 4 to 6 p.m. Learn to roast pumpkin seeds and make pumpkin spice cake with citrus glaze and ginger whipped cream.

### Fall Family Festival

Volunteers are needed for the Fall Family Festival, which will be held on Tuesday, October 31 from 5 to 7 p.m. Families are invited to stop by for trick or treating, carnival games and a hay ride. Admission is one bag of candy. Costumes are encouraged.

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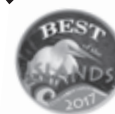
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Spotted spurge usually has reddish or purplish blotches along the leaf vein

photos by Gerri Reaves

#### Plant Smart

## Spotted Spurge

by Gerri Reaves

Spotted spurge (*Euphorbia maculata*) is a mat-forming member of the spurge family and native throughout the continental United States.

Also called spotted sandmat, spotted euphorbia and prostrate spurge, this wildflower is often classified as a weed. It shows up just about anywhere — disturbed sites, lawns, sidewalk cracks and gardens.

Another common name, milk purslane, refers to the milky sap that exudes from broken stems. It shares that characteristic with other euphorbia relatives, such as the native wild poinsettia (*Euphorbia cyathophora*), also called paintedleaf.

The scientific name alludes to the plant's medicinal properties and to its spots: Euphorbus was a first-century Greek physician, and maculata means spotted.

The reddish stems radiate from the center of the plant, which can form a low-growing mat more than two feet in diameter. A central taproot adds to its



Inflorescences lack sepals and petals

tenaciousness and drought tolerance.

The upper portion of the reddish stems have long soft hairs.

Pairs of linear or oblong leaves measure about five-eighths of an inch long.

The edges are finely toothed and the centers often have one or two reddish or purplish blotches, or spots, on the upper sides, thus the common name.

The small flowers lack petals and sepals and are in a cup-like structure call a cyathium. The cup encloses both female and male flowers, a structure shared by species in the genus Euphorbia.

Slender petal-like appendages give the flowers a whitish or pinkish tint.

The plant flowers in all but the coolest months.

The hairy dry seed capsules are three-angled and only about one and one-half millimeters long. The seeds themselves are

only a millimeter long.

When wet, they are sticky and can travel on animal fur, clothing, or shoes.

This plant is used to treat cancer, skin eruptions, sores, sore nipples, postpartum bleeding and toothache. It is also a purgative.

The root is used in treating urinary diseases and some venereal diseases. It is taken as a blood purifier and is used as a medicinal wash for cuts and sores, eyes and bee stings.

Sources: *The Guide to Florida Wildflowers* by Walter Kingsley Taylor, [www.gobotany.newenglandwild.org](http://www.gobotany.newenglandwild.org), <http://www.medicinalherbinfo.org>, [www.swbiodiversity.org](http://www.swbiodiversity.org), and [www.wildflower.org](http://www.wildflower.org).

*Plant Smart explores the diverse flora of South Florida.\**

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# Great Tides Equal Lots Of Fishing Options



by Capt. Matt Mitchell

Consistent conditions lead to consistent fishing and after finally having the same north east wind direction for over a week for the first time in months,

the fish have begun to get in a pattern staying in the same places for a few days. Snook were my main target this week and being able to go right to where you caught fish the day before is always a plus. Redfish action was much more hit-and-miss than it should be this time of year although catching sharks, Spanish mackerel and trout filled in that redfish void.

Snook fishing this week was outstanding with multiple keeper-sized fish caught on back-to-back days. Chumming live shiners on oyster bars

during the higher periods of the tide had these fish fired up. Clients had lots of multiple hook-ups on under-the-slot-sized fish. During lower water conditions, I started fishing some of the deeper shorelines I usually don't fish until November with excellent results. North east wind is our prevailing fall and winter wind so I have lots of mangrove shorelines that fish really well on this wind set-up. One favorite shoreline in the southern sound produced three keeper snook in two days along with lots of other snook all on live shiners.

Shark fishing was also a good choice in the northern sound. Setting up in the natural deeper channels during the last few hours of the outgoing tide was the perfect set-up to catch lots of blacktip and spinner sharks ranging from three to five feet. Chunks of fresh mullet on a large circle hook had these sharks going off. While sitting on the anchor, you could watch lots of these little blacktips buzz the boat. Just for fun, I would throw a few handfuls of live shiners out and watch mackerel, bluefish and ladyfish blow up in these same places. The most productive areas for this action were from Hemp Key to Pineland. Any natural channel that was five feet plus in depth-cutting through



Joe Monkofsky from Lake Champlain, New York with a 30-inch snook caught while fishing with Capt. Matt Mitchell this week photo provided

a shallow grass flat produced this same mixed bag action.

For the first time in weeks, I finally found a few places that had clearer water, which seems pretty amazing. The outside of Captiva pass has finally started to clear up a little bit and not quite as brown as the rest of the sound. Spanish mackerel action against the outer gulfside sandbars was really good during the outgoing tide. Live shiners free-lined on a long shank J-hook caught Spanish mackerel up to 30 inches. These fast-swimming fish are just fun to catch. Once these fish get fired up, spoons and small diving

spoons are a great option for catching these mackerel.

All in all, it was another great week on the water with big morning hide tides offering anglers lots of options. When we are in such a great tide pattern and weather conditions cooperate, it sure makes my job much easier.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com). \*\*

## Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to [press@islandsunnews.com](mailto:press@islandsunnews.com) or call 395-1213.

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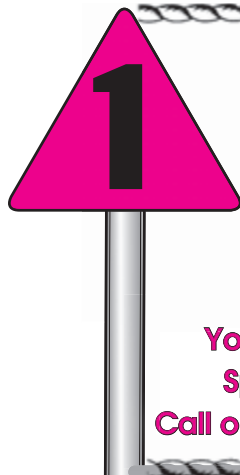


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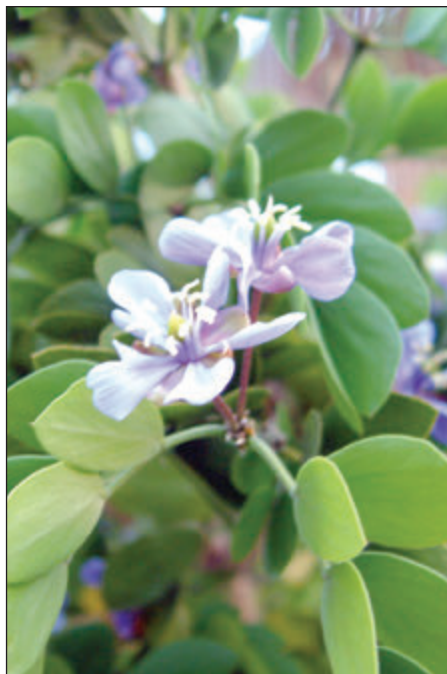
# A Hurricane Resistant Landscape

submitted by Dee Serage-Century

Coming home to my native landscape on Sanibel's east end after Hurricane Irma was a much easier landing than returning after Hurricane Charley in 2004. Charley taught that really tall trees, native or not, were hazardous to my house's health unless they were kept pruned. Hurricane Charley brought down tall native mahogany and seagrapes as well as exotic Hong Kong orchid and neem trees. Vegetation debris was head-height upon arrival home. You could barely see the house. Much chainsaw work was required to get to the house.

Charley's lesson learned was that much shorter shade plants are a safer idea. Many of the native small trees, shrubs and palms came through Hurricane Charley with flying colors. Head-height shade tall enough to walk under was a better plan, so the Jamaica caper, marlberry, white indigo berry, seven-year apple, Simpson and red stoppers fared well.

The lignum vitae tree was in glorious bloom, well adapted to hurricane land. The very tip top of the pigeon plum tree snapped off but was still in fruit. The silver and green thatch palms and the buccaneer palm acted like nothing had happened. Palms always score an



Lignum vitae tree

photos provided

A-plus in hurricanes.

So the replanting strategy after Charley was to add many cabbage palms to screen the yard of my ground level home from the lovely prying eyes that might peer down from the surrounding piling homes. The addition of multiple trunked green buttonwood trees has also turned out to be a good decision from post Irma observations.

Since 2004, the green buttonwoods have grown to 25 feet and Irma just blew off many of their leaves. They



Marlberry

have a very open crown and the wind just blows right through.

Clean up after Hurricane Irma was basically just picking up wind pruned cabbage palm fronds and about 30 minutes of chainsaw work. I have watched the ospreys gathering sticks roadside for nests recently instead of snapping them from tree tops. I do have a shoulder-height pile of cabbage palm fronds to haul away. The Irma landscape was much more hurricane resistant and easier on this old body to



Seven-year apple blooming

clean up.

All are invited to attend a garden walk at the SCCF Bailey Homestead Preserve every Tuesday at 9 a.m. to tour the demonstration gardens at the Native Landscapes and Garden Center, located at 1300 Periwinkle Way. The garden center staff would love to help you design, install and maintain your hurricane resistant native landscape. Call 472-1932 to set up a house call.\*

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Shell Of The Week

# Olive Nerite



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

A rare find locally on Sanibel-Captiva, the Olive Nerite, *Neritina usnea* (Röding,

1798), is relatively common in other parts of Florida and the Gulf of Mexico. The species is very variable in color and shape, but usually presents a pattern of closely set, wavy axial (“vertical”), dark lines against a light-olive background. The

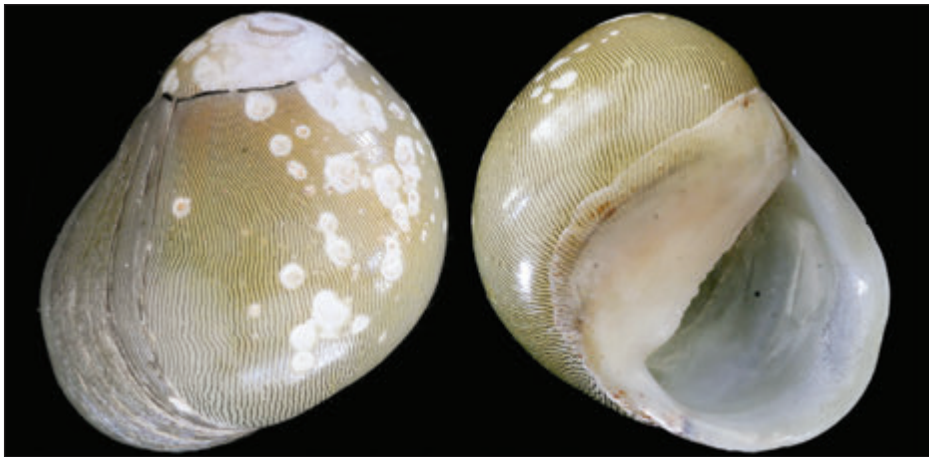
0.6-inch shell in the photos was found on the beach on Captiva by Kimberly Nealon, on the first weekend after Hurricane Irma’s visit. Given that the species prefers to live in brackish water areas, this shell probably washed from the back bay areas or was possibly transported from the Caloosatchee estuary by the recent freshwater releases. Learn more about local mollusks at [www.shellmuseum.org/shells/southwest-florida-shells](http://www.shellmuseum.org/shells/southwest-florida-shells).

## Shell Museum Events

Daily programs included with paid admission include movies, live tank talks as well as arts and crafts. Call 395-2233 for scheduled times.

Beach Walks: Information and registration at <http://shellmuseum.org>.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).



The Olive Nerite, *Neritina usnea*, from Captiva Island

photo by José H. Leal

# Duck Stamp Artists And Hands-On Workshops At Conservation Art Day

Five-time Federal Duck Stamp winner James Hautman from Chaska, Minnesota headlines the 9th annual free Conservation Art Day at the JN “Ding” Darling National Wildlife Refuge on Saturday, October 21 from 10 a.m. to 5 p.m. Florida Junior Duck Stamp winner Faith Malfa and Federal Junior Duck Stamp winner Isaac Schreiber will also be on hand.

“Nine years ago, we moved the duck stamp artist presentations from Family Fun Day so we could honor the winning artists with a day devoted especially to them,” said Supervisory Refuge Ranger Toni Westland. “So, Conservation Art Day is the time to get your duck stamps signed.”

The event will bring the weeklong “Ding” Darling Days 2017 to a close with the duck stamp artist presentations, face painting, nature art, cartooning, photography and art demonstrations. Admission to Wildlife Drive is free all day, and plein-air artists will be painting along the way.

The first 200 arrivals to Conservation Art Day receive a reusable bag with art supplies and an opportunity to Ask the Artist a Question, as fine wildlife artist John Brennan demonstrates in the Visitor & Education Center. Select gifts will be 10 percent off in the Refuge Nature Store.

The *Santiva Chronicle* Dress-Up Photo Station in the center will allow visitors to take “selfies” and “groupies” to immediately share on social media platforms and



Five-time winner James Hautman designed the 2017-18 Federal Duck Stamp featuring Canada geese

image provided

continued on page 38

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## CROW Case Of The Week:

## Green Heron



by Bob Petcher

The green heron (*Butorides virescens*) can be described as the secluded relative of the heron family. It does not like to stand out like its more common cousin, the blue

heron. Instead, this loner bird prefers to huddle by edges of wetlands and is often hidden by vegetation. This somewhat secretive nature allows it to be camouflaged in dense foliage. Most other herons are less afraid of their surroundings and move about with more confidence.

The green heron is so named for its velvet-green back and glossy greenish-black crown. Its wings are more grey-black as is its underbelly. Its neck is a more reddish brown color.

Compared to other herons, green herons are known to be small and stocky with relatively short legs. In contrast, black-crowned and yellow-crowned night herons are slightly larger birds that have thicker and shorter bills than the green herons. Blue herons and similarly shaped birds such as egrets are larger and thinner than their cousins and have longer legs and necks.

As far as feeding, the blue heron will

stand motionless when eyeing its prey in the water. Green herons, in contrast, often crouch patiently when foraging to surprise fish then thrust a quick strike from their dagger-like bill. The green heron is known to attract its prey by dropping sticks, food or other small objects as a form of bait. Scientists believe the method of using "tools" while fishing boasts the intelligence of the bird.

At CROW, a green heron was admitted from Fort Myers last week after it was found grounded and unable to fly. During the initial intake exam, veterinarians found no obvious wing or limb fractures. After x-rays, medical officials were able to determine the patient had fractured its left coracoid shoulder bone. The cause is unknown.

"The most frequent cause of fractures that we see is getting hit by a car, but we do not know the history of this heron and almost anything traumatic could have happened," said Dr. Julia Hill, CROW veterinary intern.

The green heron was unable to fly and was placed in a body wrap to stabilize the fracture. Surgery was not deemed to be necessary.

"Coracoid fractures are not amenable to surgical repair, but can heal quite well on their own if given time," said Dr. Hill. "A coracoid fracture prevents flight, but the bird can still flap its wings. The body wrap stabilizes the shoulder and reduces discomfort. The shoulder will need to be immobilized for at least three weeks, but will receive regular physical therapy every two to



Patient #17-3533 prior to being placed in a body wrap

photo by Brian Bohlman

three days."

The patient was given fluids, pain medications and Vitamin E.

"Vitamin E is an antioxidant that is used by muscle tissues to combat injuries from the build-up of lactic acid," said Dr. Hill. "We routinely give it to herons and egrets because they frequently suffer from muscle damage when they are injured or captured."

After the body wrap is removed, further evaluation will be needed.

"Once the coracoid has good callous formation – indicating the bone is healing and stabilized -- the wrap will be left off and the patient will be given

the chance to stretch its wings," said Dr. Hill. "At this point, we will allow for reconditioning for at least a week prior to release."

If all goes well, the patient is expected to be release four to five weeks after being body wrapped.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

# Gramma Dot's

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# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or [dwaszmer@crowclinic.org](mailto:dwaszmer@crowclinic.org). Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, October 20, 11 a.m.,** adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Monday, October 23, 11 a.m.,** adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal

ambassadors will be present.

**Tuesday, October 24, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Tuesday, October 24, 11 a.m.,** adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

**Wednesday, October 25, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Wednesday, October 25, 11 a.m.,** adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Snakes of Southwest Florida (daily

presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

**Thursday, October 26, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, October 26, 11 a.m.,** adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.\*

## LIVE ON THE ISLANDS

**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**Mucky Duck** on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's John McLane.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays.

**Traders Gulf Coast Grill & Gifts** has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

**Traditions on the Beach at Island Inn** has live entertainment on Friday with the Woody Brubaker Duo. Dusk performs on Saturday. Woody Brubaker performs on Sunday and Wednesday.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.\**

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# Howl-O-Ween Fundraiser Returns October 27

by Jeff Lysiak

Island Paws' 13th annual Howl-O-Ween gathering, a fundraiser and pet costume contest to benefit the Gulf Coast Humane Society (GCHS), will take place next Friday, October 27 from 5 to 7 p.m. at the Over Easy Cafe patio, located at 630 Tarpon Bay Road.

"This is our 13th year doing the event and fourth year hosting it to benefit Gulf Coast Humane Society," said Faviana Mullings, event coordinator. One hundred percent of the proceeds for the event go straight to Gulf Coast Humane Society."

According to Mullings, GCHS has been doing "some amazing work" in the community, ranging from Hurricane Irma relief to the Spay It Forward program as well as the Second Chance Fund.

Island Paw's Howl-O-Ween party was started by owners Trasi Sharp and Liza Clouse, who were looking to create a customer appreciation event. To further benefit the community, they agreed to make it an event which benefits local animal welfare organizations.

"Last year, we raised just over \$12,000



People and their pets lined up for the costume contest at last year's Howl-O-Ween Party hosted by Island Paws

with the help of an anonymous donor, who matched the \$6,000 we were able to raise through sponsorship from the community and the event itself," added Mullings. "This year, we are also distributing donation boxes at sponsorship locations throughout

the month and into the first couple weeks of November in addition to what we bring in at the event, so that those who cannot make the event will still have opportunities to give."

In addition to the pet costume contest,



One of last year's pet costume entries

Island Paw's Howl-O-Ween party will include a raffle, goody bag giveaways, a pet food drive, cupcakes, beer, wine and "yappitizers." Admission is \$15 for adults and \$10 for kids.

For more information, call 395-1464.✧



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The Community House

## Dragon Fruit



by Resident Chef Jarred Harris

The dragon fruit is an exotic fruit that I use in my classes at The Community House. Many of my students have never tried this cactus fruit and, after brief exposure to it, begin using it in sweet and savory recipes.

The dragon fruit, or "Pitaya," is the fruit of several species of climbing cactus.

This cactus is indigenous to Central America and is grown in Southeast Asia as well as South Florida. The cactus produces several flowers that only live for one night. During that night, the flowers are pollinated by bats and moths. The flower withers and dies, then the dragon fruit is formed. The cactus produces dragon fruit at least four times a year.

The dragon fruit grows in two different colors, yellow and pink. The pink dragon fruit can have pink or white flesh, while the yellow dragon fruit has white flesh. The flesh has a mildly sweet pear flavor with a crisp texture and has tiny seeds throughout, which are edible. The skin cannot be eaten raw, but can be pickled.

The dragon fruit is low in calories and contains vitamin C, phosphorus, fiber, calcium and B vitamins. It has also been proven to lower blood sugar levels as well as blood pressure, strengthen the immune system and prevent respiratory problems.

You should be able to find dragon fruit at most grocery stores this time of year. If you are able to find a couple, try them in this simple salad recipe and tell me what you think.

### Dragon Fruit Salad With Crispy Tofu

**Ingredients**  
8 ozs. tofu (drained and cut into cubes)  
4 ozs. corn starch  
¼ cup vegetable oil  
2 carrots (shredded)  
2 oranges (segmented)  
½ red bell pepper (thinly sliced)  
½ bunch basil (roughly chopped)  
½ red onion (thinly sliced)  
6 ozs. spinach  
2 dragon fruit (thinly sliced)  
**Dressing**  
4 tblsp. fish sauce  
4 tblsp. rice wine vinegar  
2 tsp. sesame oil  
1 lime (juiced)  
2 tblsp. honey

½ piece of ginger (minced)

**Method**

Place all the dressing ingredients in to a mixing bowl and mix until well blended, then set aside.

Arrange the spinach on a platter. Then top with the oranges, carrots, pepper, onions, tomatoes and basil. Arrange the dragon fruit on top of the salad and set aside.

Pat the tofu dry with paper towels, then place in a bowl and coat with cornstarch.

Heat the oil in a small pan. Fry the tofu until crispy and place on top of the salad.

Pour the dressing over the salad and serve. (serves 4)

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at [kitchen@sanibelcommunityhouse.net](mailto:kitchen@sanibelcommunityhouse.net) or call 472-2155.

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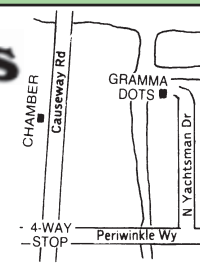


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Master mixologist, Carlo, serving a Ta Ta Tini inside the bar and lounge at Traditions on the Beach to benefit breast cancer research photos provided

## Drink Pink To Benefit Breast Cancer Research

For the entire month of October, Traditions on the Beach is encouraging guests to “drink pink” in honor of National Breast Cancer Awareness month. Recently awarded Best Martini on the Islands, Traditions’ master mixologist, Carlo, has created a lineup of themed cocktails that are sure to tempt



Traditions bartender Kris Kilgore holding his hair contribution to the Pantene Beautiful Lengths program

your taste buds, with proceeds being donated to the Florida Cancer Specialist & Research Institute. The staff at Traditions on the Beach recently participated in the Pantene Beautiful Lengths Healthy Hair Give Back program. Long-time island locals and Traditions bartenders, Carlo Mucciga and Kris Kilgore, worked to grow out their hair to donate to the program. Their contributions were passed on to the American Cancer Society who distributes wigs to at no cost to female cancer patients in need.

“Kris and I didn’t hesitate when challenged to do the Beautiful Lengths grow out competition,” said Mucciga. “We’ll do just about anything for a great cause.”

## Tickets Available For Blues And Jazz Festival

The 2nd annual Sanibel Blues and Jazz festival, organized by the Sanibel Captiva Optimist Club, will take place behind Bailey’s General Store on Sunday, November 5 from 12 to 6 p.m. Experience blues and jazz on the island like never before with some well-known, professional local artists as well as international talent. Local talent like the FGCU Jazz Combo and Johnny Jensen have been invited to warm up the festival. The lineup is: Johnny Jensen – a 14-year-old student at The Sanibel School. He has lived on Captiva all his life and has been playing guitar for nearly four years, but began playing drums at the age of 4. Jensen participates in The Sanibel School’s Performing Arts Program and has been cast in lead roles for the theatrical productions of *Beauty and the Beast* and *The Wizard of Oz*. In 2016, he was selected by the Florida Music Education Association (FMEA) to be a member of the 2017 Florida All State Middle School Chorus. The Marty Stokes Band – a well

Traditions on the Beach is open from 4 p.m. until late. Live entertainment starts at 6:30 p.m. For reservations, call 472 4559. For more information, visit [www.TraditionsOnTheBeach.com](http://www.TraditionsOnTheBeach.com).

A poster for the Sanibel Blues &amp; Jazz Festival. It features a saxophone player in a red suit. The text includes: "The Sanibel Captiva Optimist Club Presents:", "Festival headliners: Elvin Bishop Trio, Matt Schofield, Marty Stokes Band", "Local opening acts: Johnny Jensen, FGCU Jazz combo", "Sanibel Blues &amp; Jazz Festival", "The Backyard @ Bailey's", "Doors: 11:30AM Sanibel Island, Florida", "General admission: Kids 15 &amp; under: \$15 Adult: \$40 - VIP: \$125", "www.sanibelbluesandjazzfest.org", "Free bicycle valet parking".

image provided

know blues and jazz band that is slowly making more and more international headlines. Marty Stokes was originally raised on Sanibel and Captiva, and has been playing different variations of blues music since he was a kid. Raw and melodic, original and reaching to

continued on page 41

An advertisement for Traders Sanibel. It features a large image of a seafood dish (fried shrimp and crab) on a green salad. The text includes: "TRADERS Gulf Coast Grill &amp; Gifts", "Coastal Cuisine - Raw Bar Shopping - Jewelry", "Live Entertainment! Tuesdays - Thursdays", "A favorite Island spot, since 1998", "TRADERS HOURS", "Lunch 11:00 - 2:30 • Happy Hour 3:00 - 6:00 • Dinner 5:00 - 9:00", "Open Monday - Saturday", "239-472-7242", "1551 Periwinkle Way, Sanibel Island", "TradersSanibel.com".

An advertisement for Cip's Place. It features a large image of a restaurant interior with a yellow table and chairs. The text includes: "Cip's PLACE", "Island Restaurant", "Enjoy Indoor &amp; Outdoor Dining in a casual and friendly atmosphere.", "Lunch &amp; Dinner 11 a.m. to 9:30 p.m.", "Happy Hour Daily 4 to 6 p.m.", "Reservations Accepted", "239-472-0223", "2055 Periwinkle Way Sanibel, FL 33957", "Located in the Forever Green Shopping Center next to Eileen Fisher", "www.CipsPlace.com", "Jean Le Boeuf, News-Press".



# Shell Found



Melissa and Wilbert Smith  
photo by Justin Wilder

Wilbert Smith from Palm Bay, Florida found an alphabet cone at Tarpon Bay Beach. The Smiths were staying at Sanibel Cottages.\*

Read us online at  
IslandSunNews.com

# Winter Camps Feature Penguins And Polar Bears

by Jeff Lysiak

Registration will soon be open for one of the most popular activities on the islands over the holiday break, Sanibel Sea School's winter camps for youngsters. The lively week-long programs offer indoor and outdoor marine-themed activities with an educational component second to none.

For the 2017-18 winter camps, the school is offering Flip Out for Penguins Week, held Tuesday through Friday, December 26 to 29 (closed Christmas Day, Monday, December 25) from 9 a.m. to 4 p.m. daily, and Going Polar for Polar Bears Week, held Monday through Friday, January 1 from 5 to 9 a.m. to 4 p.m. daily.

"Both of our winter camp weeks have a theme, but they're all about having fun," said Nicole Finnicum, the school's director of education. "The kids will be surf paddling every day during the camp, doing arts and crafts activities, and learning about the biology of these creatures, how they live, what they eat and how they adapt to their environment."

Each of the weekly camps – which can accommodate up to 50 participants – will be held at the Sanibel Sea School east end campus, located at 455 Periwinkle Way.

During Flip Out for Penguins Week, campers will dive deep into the world of penguins, who early Antarctic explorers



Sanibel Sea School Executive Director Dr. Bruce Neill, left, conducting the Give Our Worries To The Sea ceremony at last year's winter camp photo provided

thought were some sort of strange fish. Penguins are birds highly adapted to life in and around the southern ocean. While they can't fly like most birds, and are rather clumsy on land, once in the water, penguins turn into agile, top speed torpedoes. Throughout the week, participants will explore "all things penguin" and learn how these dapper birds forage in subfreezing waters and make expansive journeys across the icy cold desert. Campers will conduct their own wetsuit warmth test in the "chilly" Gulf of Mexico to get a feel for how

penguin blubber works. Campers will also waddle through obstacles, learn to paddle surf, play nest-guarding games, make macramé, arts and crafts, sip hot cocoa and practice "penguin swimming" in the sea.

During Going Polar for Polar Bears Week, campers will focus their studies and activities on the massive Arctic Circle-dwelling species. Living on the top of the earth, polar bears are comfortable moving across both land and sea. Who would have thought a 900-pound bear could swim for days on end? They may seem cute and cuddly, but polar bears are quite voracious carnivores that spend most of their time hunting for food. Polar bears can store fat in their bellies when food becomes scarce, and they can utilize sea ice to capture their prey. In addition to layering on "fur" to keep warm, campers will compete in an epic bear crawl race. Participants will also make macramé, arts and crafts, sip hot cocoa, play games and paddle surf, along with the traditional Give Our Worries To The Sea activities on New Year's Day.

Cost to attend the camp, open to ages 6 to 13, is \$310 per week. Teens ages 13 to 18 may attend via Sanibel Sea School's Counselor In Training (CIT) program, which costs \$200 per week.

"For those in the CIT program, they'll be learning about leadership skills, helping run the camp and assisting our staff with the younger campers," added Finnicum.

Registration for both weekly camps will open this Saturday, October 21 at 10 a.m., and will be accessible online at [www.sanibelseaschool.org](http://www.sanibelseaschool.org). For more information, call 472-8585.\*

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# Sea School Participating In Cultural Exchange Program

submitted by Leah Biery

Thanks to a partnership with the PBS KIDS' *Ready to Learn* program, homeschooled students in Southwest Florida will visit Sanibel Sea School during the month of October to connect with students in the Columbus, Ohio area via Skype. The groups will participate in a form of cultural exchange, educating one another about a local environmental science topic of their choice.

"After the PBS KIDS series *Splash and Bubbles* filmed at Sanibel Sea School in 2016, we were invited to join the network's educational outreach efforts," said Director of Education Nicole Finnium. "They connected us with elementary school teachers in Ohio and together we devised a plan to facilitate a series of interstate student interactions."

That plan included the exchange of "lessons in a box" before the Skype sessions took place between classrooms. Sanibel Sea School's students chose to teach their Ohio peers about the lightning whelk life cycle, and sent sand, shells and egg cases to them through the mail. In return, they received a hands-on lesson about Ohio buckeyes and ladybugs. On the day of the first video phone call, participants took turns opening the boxes and sharing what they knew about their topics.

"It was so much fun to see the Ohio kids' excitement as they asked us endless questions about shells, and to observe our own students' curiosity as they examined a box of buckeyes for the first time," said Finnium, who grew up in Ohio and loved collecting



Sanibel Sea School educators Nicole Finnium, Johnny Rader and Shannon Stainken, along with students Ben and Jonah Froelich and Addison Sprecher, prepare to Skype with students in Ohio photo provided

buckeyes as a child. "It's really incredible how much you can learn from a thirty-minute conversation with people from a different region of our country."

Two more exchange sessions will take place later this month. For more information, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org).

## New Marine Science Educator

submitted by Leah Biery

Sanibel Sea School recently welcomed Shannon Stainken as the organization's newest marine science educator.

Stainken obtained a dual bachelor of science degree in biology and marine science from the University of Miami, and went on to complete a masters of professional science in marine conservation from the university's Rosenstiel School of Marine and Atmospheric Science. She also brings teaching experience and knowledge of Florida's ecosystems from her time spent working in the education department of the Miami Seaquarium.

"I am very excited about the significant field component of Sanibel Sea School," said Stainken. "Experiential learning, where students can actually interact with the environment around them, is so important. It's not only hands on, but also



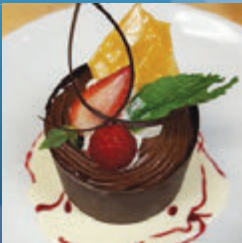
Shannon Stainken photo provided

hearts on, and it has a lasting impact."

For more information, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org).

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Book Review

Use Of Force

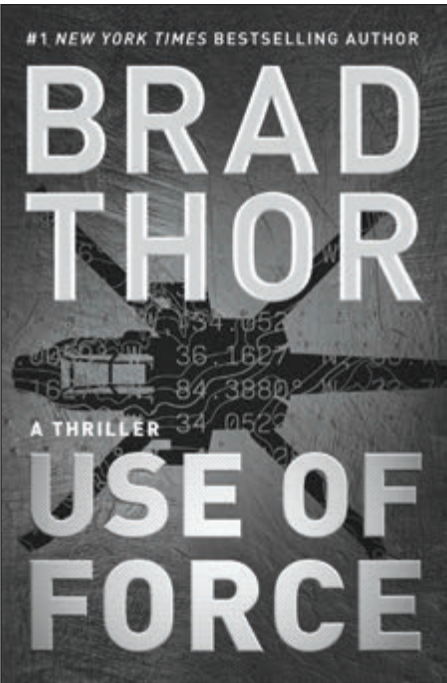


by Di Saggau

In his latest novel *Use of Force*, Brad Thor brings back Scot Harvath, the legendary Navy SEAL turned covert counterterrorism operative. When a raging storm rocks the Mediterranean Sea, a terrifying

distress call is made to the Italian Coast Guard, blowing the cover on a smuggling operation. A man's body washes ashore, and it's identified as a high-value terrorism suspect who disappeared three years ago. He was a known bombmaker, and his name spreads panic through the CIA. They want to know where he was headed, what he was planning, and was he connected to an attack they have been fearing all summer?

The CIA taps Harvath to head up an operation outside of Reno during the seven-day Burning Man event in Black Rock Desert, Nevada. He is after a man named Hamza Rahim who is scouting the area for a potential terrorist attack. The country is split on how to handle ISIS, which complicates things for both Bob McGee and Lydia Ryan, the director and deputy director of the CIA. They both feel a large scale attack from ISIS is on the horizon. They bring Harvath in on a black contract



allowing him to undertake the deadliest assignment of his career, and break every rule along the way. Thor was part of Homeland Security's Analytical Red Cell Unit, which allows him to incorporate newly developed weapons and technology, including the use of drones, into his stories. Like Tom Clancy, he is known for beating headlines, masterfully combining current events with nonstop action and creating a plot that seems all too real. This is a work of fiction but it reflects the world in which we are

now living. There are lots of interesting characters, especially a clever Gauloise-smoking Muslim terrorist named Tursunov. I was intrigued every time he came on the scene. *Use of Force*

is packed with pulse-pounding action involving attacks by ISIS in America, London and Europe. This is another book I found hard to put down. It's fresh and creative and all too realistic.✱✱

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My daughter is having difficulty learning her sight words. Her teacher said we should practice them every night. It's kind of boring. Are there

some fun ways to practice these words? Macie S., Cape Coral

Macie,

Mastering sight words is an extremely important step in becoming a successful reader. A sight word is a word that typically cannot be decoded or sounded out. It must be memorized or figured out by the context of the sentence. This is a difficult task for young readers, and it is usually recommended that children memorize these sight words so that they are readily available and recognized when children see them in print. Reading researcher Diane McGuinness estimates that there are approximately 100 basic sight words in English.

Most schools teach an expanded

sight word list from either the Dolch word list or the Frye word list. Both of these lists have at least 200 words on them. Sight words are considered to make up at least 50 to 75 percent of reading texts up to the third grade level.

There are many, many practice activities on the Internet for learning sight words. They are lots of fun for kids and usually include practice sheets that you can print out. Here are two links: <http://www.netrover.com/~kingskid/sightword/dolchgames.htm>; and <http://www.k12reader.com/online-dolch-reading-games-and-activities/>.

Here are some other practice ideas that do not require a computer and most include a physical component. Sometimes children will be able to learn information more quickly when it is paired with an additional physical action.

Learning sight words:

Children see, say and write a word (skywrite, write on arm, etc)

Hopscotch – write sight words in each square

Beanbag toss

Put sight words on dice and play games

Flashlight fun - children shine light on the called out sight word, read from a board

continued on page 30



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## Democrats To Host Welcome Back Potluck

Working With Democrats to Help Shape a Better Future is the theme of the Thursday, October 26 meeting of the Democratic Club of the Islands at The Community House. This annual event is held to renew old friendships and welcome new ones who are interested in working with Democrats on issues and campaigns for social justice, environmental sustainability and a better quality of life for all. Supper begins at 6 p.m. and is free and open to the public.

Entrée meats and beverages will be provided by the club, and attendees are asked to bring a dish to share. BYOB for those who have a preferred drink.

Representatives from the following organizations, who have presented programs for the Democratic club, will be present with materials to share, which support their specific Democratic cause

or issue:

Black Lives Matter; SURJ (Stand Up for Racial Justice); Coalition of Immokalee Workers (CIW); Equality Florida (LGBTQ Concerns); Planned Parenthood; Immigration attorney; Children's Services Council; Moms Demand Action for Gun Sense; Lee Freedom Now; Water issues; Artist-activist Myra Roberts.

David Holden and a representative of Todd Truax, who are running for Congressional Seat 19, now held by Francis Rooney, will be present to discuss their positions and answer questions.

All members of the Democratic club are urged to attend, as well as people of every persuasion who are interested in supporting progressive politics. Club members are reminded that dues for the 2017-18 year are now payable. Dues are \$35 for a single member or \$60 for a couple. Anyone wishing to join the club is asked to bring their check payable to DCI to the October 26 potluck or mail it to DCI, P.O. Box 898, Sanibel, FL 33957. For more information contact demclubislands@gmail.com or call 994-3175.✱

From page 1

## Pink Out

facility. Tickets for the lunch – available at Bailey's General Store, FISH of SanCap and Cip's Place – are \$20 each, while breast cancer survivors may attend for free.

Sponsorships for individuals in need of mammograms are available for \$125 (the cost for an uninsured examination), and \$50 Hug sponsorships are also requested. Local businesses are asked to donate a raffle item. Non-perishable food items, which are being donated to FISH of SanCap, will also be accepted. To become a sponsor or make a raffle item donation, call Mary Bondurant at 839-3633.

On site digital mammogram screenings will be offered inside Radiology Regional Center's state of the art mobile medical vehicle. While most medical insurance companies will cover

the expense of the examination, the fee for women who are uninsured is \$125.

Cip's Place, which is again sponsoring the event, will be serving traditional picnic food and refreshments.

Every Saturday during the month of October, the Pink Out team will be bagging groceries for tips at Bailey's General Store, located at 2477 Periwinkle Way. All volunteer baggers will receive a Pink Out T-shirt, which are also being offered for sale for \$10 each.

"It's a celebration for all!" said Mary Bondurant, a breast cancer survivor and founder of the event. "Get your pink on come out and support this great event."

To make an appointment for a mammogram during Picnic at the Pink Out, call 936-4068. To purchase lunch tickets or sign up as a grocery bagger, email PinkOutSanibel@gmail.com or call 839-3633. For more information, visit [www.pinkoutsanibel.com](http://www.pinkoutsanibel.com) or the Pink Out Sanibel Facebook page.✱



Artwork on display in Phillips Gallery at BIG ARTS

photo provided

## Experimental Art Exhibition And Symposium

BIG ARTS on Sanibel will host the 26th annual International Society of Experimental Artists' (ISEA) Juried Exhibition and Symposium. The exhibition will be held through November 30, with an annual Symposium scheduled for October 23 to 29.

There will be approximately 90 pieces of art on view in the Phillips Gallery, accompanied by a display of works by ISEA board members in the Founders Gallery. Awards for the exhibition exceed

\$10,000 in monetary awards and include the Best of Show – or the "Gracie" Award – in honor co-founder Gracie Hegeman. Material awards will be presented for works considered "cutting edge."

Jurying the exhibition is Jade Dellinger, director of the Bob Rauschenberg Gallery at Florida SouthWestern State College and regular collaborator on curatorial projects with the Tampa Museum of Art and the Contemporary Art Museum at the University of South Florida for more than two decades.

The symposium will feature workshops, demonstrations and local tours.

For more information or to apply for membership with ISEA, visit [www.iseaartexhibit.org](http://www.iseaartexhibit.org).✱



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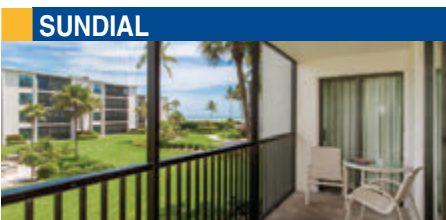


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Melissa Congress photos provided

## BIG ARTS Names Co-Chairs For Annual Benefit

The popular BIG ARTS annual benefit will be held on February 23, 2018, and this year's co-chairs are Melissa Congress and Susan Heisler.

The evening will kick off with hors d'oeuvres and drinks, followed by a concert featuring the legendary Darlene Love – renowned member of the original Motown Sound generation. The evening finale will include dessert and dancing in Boler Garden.

"We are thrilled and honored to have Melissa and Susan leading the benefit this year. They are longtime BIG ARTS supporters who have always been gracious and generous with their time," said Lee Ellen Harder, executive director of BIG ARTS.

As a committed supporter of BIG ARTS, Heisler co-chaired the BIG ARTS Annual Benefits in 2011 and 2012, and also chaired the successful 2016 Celebrating Rauschenberg week on Captiva. She earned a BA in English and history from Northwestern, and an MBA in marketing from the Kellogg Graduate School of Management at Northwestern. During her career, Heisler specialized in professional firm development and nonprofit management, and worked for several Chicago-based marketing consulting



Susan Heisler

firms. Susan and her husband, George, purchased a home on Sanibel in 2006. They continue to live on Sanibel, and in Chicago and Powers Lake, Wisconsin.

Congress moved to Sanibel in 1989 and studied public relations at the University of Florida. She and her husband, Scot, own Congress Jewelers on Sanibel, and have four children who attended The Sanibel School. Congress and her family are active supporters of the BIG ARTS Strauss Theater and performing arts programs. Congress has played a leadership role in many community organizations, including CROW, Charitable Foundation of the Islands, Sanibel Captiva Cares, Florida SouthWestern College, Sanibel Community Association and the Sanibel School PTA. She chaired the BIG ARTS Annual Benefit 10 years ago and is excited to have the opportunity to co-chair the event again this year.

The BIG ARTS Annual Benefit is an integral part of BIG ARTS' annual fundraising, which enables the organization to honor its mission of providing great arts, entertainment and learning experiences for residents and visitors of Sanibel and Captiva.

Sponsorship opportunities for the 2018 BIG ARTS Annual Benefit and season are currently available. Contact Annie Campbell at 472-9700 or [acampbell@bigarts.org](mailto:acampbell@bigarts.org) for more information. Learn more about BIG ARTS online at [www.bigarts.org](http://www.bigarts.org).

From page 26

## School Smart

Sight word sliders  
Word puzzles and scrambled words  
Word rings  
Bingo  
Typing sight words  
Keep practicing the assigned words daily. The practice will pay off and your daughter's reading fluency and comprehension skills will improve from

mastering her sight words.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.





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**Pointe Santo #C34**

3rd floor - expansive water views over lagoon to gulf. Successful weekly rental condo in beachy decor. Future bookings too. \$589,000



**Sand Pointe #122**

Updated kitchen, baths, & restored balcony at 2nd floor 2 bedrm on West Gulf Dr. Long-time weekly rental with good history. \$699,000



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**Sanctuary Ibis #B102**

Fully-equipped easy-access 2 bedrm 2 bath with great room. Lanai has this natural view to golf course & lake. Private garage too. \$449,900



**Loggerhead Cay #264**

Top-floor 2 bedrm with remodeled kitchen & years of excellent rental income, including repeat long-term tenants. \$598,300



**Lot at 9441 Peaceful Dr**

On back circle in Gumbo Limbo backing to conservation land. Handy to causeway, bay, beaches, shopping, & bike path. \$249,000



# Library Readers Donate Books To Hospital Patients

More than 200 youth, from babies to teens, registered for this year's Summer Reading Program at the Sanibel Public Library. The 244 participants read, tracked their time and activities, as well as attended library programs to earn books. This summer, families also had the option to participate online. The Sanibel Public Library Foundation matched each book earned with a book for the Golisano Children's Hospital of Southwest Florida. This summer, the readers "earned" 1,808 books for pediatric patients at the hospital.

Youth Services Librarian Deanna Evans said, "Summer reading helps prevent the "summer slide" which is the loss of words, or the loss of gains the kids have made during the previous



From left, Linda Uhler, Emmett Williams and Garrett Gablehouse with the book donation photos provided

school year. Local readers as well as visiting readers from all over the world participated."

This summer's theme was Build A



Library staff and foundation members presented 1,818 books to Golisano Children's Hospital Better World.

"We are so proud to be part of the team of volunteers and supporters who make the program possible," said Margaret Mohundro, executive director of the Sanibel Public Library. "Each summer, young island readers enthusiastically carry on the wonderful spirit of giving that we see on Sanibel. During the past five years, the children have helped to contribute more than 6,000 books for young patients at the hospital."

Sanibel Public Library Foundation Vice President Linda Uhler presented this summer's donated books to Golisano Children's Hospital of Southwest Florida on October 11 along with some of the young readers, and Mohundro, Evans and Laurel

Kauffold from the Sanibel Public Library. Hospital Child Life specialists Karlie Colwell and Garrett Gablehouse accepted the books to share with young patients. Library board commissioners Tom Krekel and Dan Moeder are a vital part of the volunteer team that helps ensure successful library programs.

The Sanibel Public Library Foundation, along with the Joan Hunt Cory Children's Fund, underwrites the summer reading program. The Children's Fund was established in 2008 to honor longtime library volunteer and supporter Joan Hunt Cory. During the past 10 years, the foundation has provided more than \$75,000 for library programs, services, and technology specifically for youth.\*

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## Programs At Captiva Memorial Library

The Captiva Memorial Library is offering the following free programs for children in November.

Native American Heritage Month – November 1 to 11. Available during normal library operating hours: 10 a.m. to 6 p.m. Tuesday and Thursday; noon to 8 p.m. Wednesday; 9 a.m. to 5 p.m. Friday and Saturday. Drop in any time the library is open and explore Native American Heritage Month. There will be books, activity sheets and Native American crafts.

Veterans Day – November 7 to 10. Available during normal library operating hours: 10 a.m. to 6 p.m. Tuesday and Thursday; noon to 8 p.m. Wednesday; 9 a.m. to 5 p.m. Friday and Saturday. Check out books on Veterans Day and make an American Flag fan.

Thanksgiving Day – November 14 to 18. Drop in and learn about Thanksgiving. There will be a Thanksgiving book display with activity sheets and coloring sheets. Make a turkey out of gumdrops, marshmallows,

toothpicks and straws. Thanksgiving Day: Be Thankful – 10 a.m. to 6 p.m. Tuesday, November 21; noon to 8 p.m. Wednesday, November 22. Fill out a leaf for the Be Thankful Tree to let everyone know what you are thankful for this holiday. Make a fake pumpkin pie slice out of colored tissue paper and a paper plate.

The Captiva Memorial Library is located at 11560 Chapin Lane on Captiva. For more information, call 533-4890. Check the Lee County Library System's website at [www.leelibrary.net](http://www.leelibrary.net) to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.

In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Joan LaGuardia at 533-2314, Florida Relay Service 711 or [jlaguardia@leegov.com](mailto:jlaguardia@leegov.com). Accommodation will be provided at no cost to the requestor. Requests should be made at least five business days in advance.\*





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# You're Invited!

## PICNIC AT THE *Pink Out!*

**Celebration Event Thursday October 26, 2017**



**11AM - 1:30PM**  
**at Sanibel Fire Station**  
**Sponsored by CIP's PLACE**



**Picnic: \$20 Donation Per Ticket - Join Us & Pink Out!**  
**Survivors Free! Tickets available at Bailey's, CIP's & F.I.S.H**  
**For Tickets Email: PINKOUTSANIBEL@gmail.com or Call 239-839-3633**  
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**Seashells of Sanibel!** Located along West Gulf drive and offering deeded beach access just steps away Seashells of Sanibel is a favorite with Island visitors! Onsite amenities include rental office management, pool, tennis, shuffleboard, BBQ grills and relaxing patio area. Don't miss these opportunities!



### SEASHELLS OF SANIBEL #11 SANIBEL ISLAND

Sanibel Island's best price resort condo on W Gulf Dr. Quick walk to deeded beach access & the Gulf of Mexico sand! Strong rental income, this 2BR/2BA 2nd floor condo has open kitchen to dining room with granite counter tops and new tile flooring throughout. Enjoy all the amenities!  
**OFFERED AT \$350,000**

### SEASHELLS OF SANIBEL #40 SANIBEL ISLAND

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# Local Attorney Featured Speaker At Symposium

Florida Bar Board Certified Wills, Trusts and Estates attorney Craig R. Hersch, a partner at Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, PA was a featured practice development speaker at two sessions of the 2017 WealthCounsel Symposium, held October 2 to 6 in Hollywood, California.

Hersch's two practice building topics were Using Technology to Enhance the Client Experience and Overcoming the Commoditization Trap in which he offered leading-edge ideas and technological solutions to estate planning practitioners to help them differentiate themselves and grow their practices.

Hersch is a Florida Bar Board Certified Wills, Trusts & Estates attorney with a Florida CPA license. He holds accounting and law degrees from the University of Florida and has provided his expertise as a continuing education lecturer for The Florida Bar, Florida Institute of Certified Public Accountants and The National Business Institute.

Trademarked processes Hersch has created in his estate planning and administration practice include The Family Estate & Legacy Program and



**Craig Hersch**

photo provided

The Estate Settlement Program. He has also published three books – *The Florida Residency & Estate Planning Guide* (2016), *Legal Matters When a Loved One Dies* (2015) and *Common Cents Estate Planning* (2014).

Hersch writes a weekly estate planning column for the *Island Sun*, which also appears on his firm's blog at [www.sbslaw.com/blog](http://www.sbslaw.com/blog).

## ISLAND SUN BUSINESS NEWSMAKERS



**McMurray and Nette Team**



**Cindy Sitton**



**Cathy Rosario**

## Top Producers

The Royal Shell Real Estate Sanibel and Captiva office top producers for the month of September were:

McMurray and Nette Team, top listing producers team; Cindy Sitton, top listings individual producer; McMurray and Nette Team, top sales producer team; and Cathy Rosario, top sales individual producer.

### Superior Interiors

## Five Good Decorating Ideas



by Barb Cacchione

To help lengthen a room with a low ceiling, consider these decorative options:

1. Help fool the eye by covering your walls with a softly colored vertical striped wall

covering, embellish your walls with a creatively designed faux finish, or add an asymmetrical picture grouping for visual interest.

2. Many lovely color schemes fade to drabness when underlit at night or they may even become garish when overlit. Make sure your rooms are evenly illuminated. People, like moths, avoid dark areas and gather in light ones.

3. Don't follow fads in decorating. Choose what suits your own tastes, your lifestyle and your budget.

4. When framing pictures, select matting and colors that compliment your room setting and color scheme.

5. Watch your scale when mixing patterns. A modern, contemporary nine-foot sofa might look luxurious in certain settings, but would be totally overpowering with a dainty French provincial coffee table.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at [barb@coindecaden.com](mailto:barb@coindecaden.com).

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New volunteers, from left, Georgianna Sorensen, Susan Greenberg, Jewel Jensen, Tracy Tenney, Jackie Kelley, Bruce Richardson, Carolyn Ruff and Sharon Kaltenmark  
photos provided

# Training Sessions Scheduled For New Volunteers

For those looking to serve the community and have fun doing so, consider the Sanibel Historical Village. An island institution since 1984, the village's mission is the preserve, share and celebrate Sanibel's history. "We welcomed more than 10,000 guests last year," said Executive Director

Emilie Alfino. "People are interested in history, and we couldn't do it without our volunteers." New volunteers are always needed at the village. Those interested are encouraged to attend the Fall Gathering for Volunteers at 4 p.m. on Monday, October 30 at the clubhouse at Sunset South, located at 1341 Middle Gulf Drive. "It's a good chance for people to get to know each other, to meet our team of volunteers, and to hear what the village is all about," Alfino said.



From left, volunteer coordinator Jan Symroski with Terry Jacob and Carol Kaplan

Training begins on November 6 from 1 to 3 p.m. and continues on November 13 from 1 to 3 p.m. Both sessions will be held in Shore Haven at the village. "There are many different things for volunteers to do, from being a docent to decorating to planning a luncheon, so anyone can find a comfortable spot among our village family," Alfino added. "It's a fun place to volunteer." For more information, call 472-4648 and ask for Emilie or Jan. The Sanibel Historical Museum and Village opened for season on October 17. Hours are Tuesdays through Saturdays from 10 a.m. to 4 p.m. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to the buildings. Admission is \$10 for adults over 18. Members and children are free. For more information, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).

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### Loggerhead Cay # 463

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**\$529,000**

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From left, Jim Bray, Parker White, Todd Boeshen and Tony Notorfrancesco photo provided

## New Butcher Shop Manager At Bailey's

Bailey's General Store believes in promoting from within and Parker White is the perfect example. Recently named the new butcher shop and seafood market manager at Bailey's, located on the corner of Tarpon Bay Road and Periwinkle Way, White has worked with the company for several years. He is excited to work with his fellow butchers to provide quality products to Bailey's shoppers. His predecessor, Travis Rudder, who passed away recently, would be proud to see

one of the young men he trained move forward into a management position. White also looks forward to using his creative talents to provide the shoppers at Bailey's with unique product offerings. In addition to what one would expect in a seafood market and butcher shop, customers can expect to see products special to the area. This includes mullet caught from around the islands, hogfish, gulf pink shrimp and lionfish. In addition to distinctive seafood offerings, customers will find premium beef, pork, veal and lamb in the butcher shop. The pride of the meat case – Harris Ranch Beef – is part of Bailey's commitment to quality. Bailey's General Store offers

cut-to-order steaks and seafood in addition to products you would expect from your grocer. "I look forward to continuing to get to know the shoppers at Bailey's and serve them quality products," said

White. "We love when customers have special orders for us to show off our talents and offerings." Call Bailey's General Store at 472-1516 or email [pwhite@baileys-sanibel.com](mailto:pwhite@baileys-sanibel.com) for more information.✴

## Executive Chef Joins Team At 'Tween Waters Inn

Greg Nelson was recently named executive chef of 'Tween Waters Inn Island Resort & Spa's comprehensive food and banquet services, including three of TripAdvisor's top-rated Captiva Island restaurants. Nelson brings more than 20 years experience as executive chef and manager of food and beverage operations at a variety of prestigious and award-winning restaurants both in Southwest Florida and Colorado, with special interests in seafood, Caribbean, Cajun, Pacific Rim and Italian cuisines. At 'Tween Waters Inn, Nelson will serve as executive chef for Captiva House Gulf-front Seafood and Sushi Restaurant, Crow's Nest Bar & Grille, and Oasis Pool Bar, as well as direct food and banquet service for the many weddings and meetings the resort hosts. "I'm extremely excited to return to Sanibel and Captiva islands where I've enjoyed many years of success," Nelson said. "Captiva House and Crow's Nest are dining and entertainment options that both guests and locals have loved for many



Greg Nelson photo provided years, and are true destination restaurants. Having the opportunity to create new, daring and signature offerings here is a real career treat for me, and very satisfying." Sanibel Captiva Beach Resorts Director of Food and Beverage Laurent Bosc added, "Greg will help us create new and even better dining experiences for our guests – in flavor, presentation, service and style. We're excited to have him join our team."✴



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## Partner Kitchen Named For Wines In The Wild

The Sanctuary Golf Club is one of five partner kitchens for the Sanibel-Captiva Conservation Foundation (SCCF) Wines in the Wild – 50th Anniversary Edition.

“Having The Sanctuary Golf Club as one of our Partner Kitchens is such a treat for our guests. It’s just wonderful to be able to bring Chef Joe’s cuisine to a broader island audience,” said co-chairs and event Platinum Sponsors Lucy and Paul Roth. “For the two of us, it’s also an honor to join Tom and Linda Uhler as the co-chairs for this very special evening.”

New for this year’s Wines in the Wild, there will be five stations on the illuminated Bailey Homestead grounds. Each will feature a dish from one of Sanibel’s finest kitchens: The Blue Coyote, Catering by Leslie Adams, Il Cielo, The Sanctuary Golf Club and Sweet Melissa’s Cafe. The foods will be paired at each station with specially selected complementary wines. The evening will end with a dessert buffet in the Homestead Pavilion, music from the Danny Morgan Trio, and a live auction of special experiences. There will also be valet parking sponsored by Doc Ford’s Rum Bar & Grille and a sweet surprise from Norman Love Confections.

Guests in “island festive” attire will



From left, The Sanctuary General Manager Ken Kouril, Chef Joe Albertelli and Wines in the Wild co-chairs Lucy and Paul Roth photo provided

gather on Saturday, November 11 from 6 to 9 p.m. at the Bailey Homestead Preserve. It will be a great opportunity to explore the unique features of the Homestead while sampling wines donated by Bailey’s General Store, SCCF’s returning wine sponsor.

Reservations for Wines in the Wild can be made by calling Linda Uhler at

472-3817 or Lucy Roth at 472-0341. Cost is \$100 per person. Because this event is likely to sell out in advance, tickets will not be available at the door. The Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel.

For more information, visit [www.sccf.org](http://www.sccf.org).\*

## Bailey’s Wine Cellar Tasting

The next Bailey’s Wine Cellar Tasting will be held on Thursday, October 19 beginning at 6 p.m. at The Community House. Guests will be tasting Talbott Vineyards wines with the support of Johnson Brothers Liquors. This tasting is open to all wine lovers, with food pairings and special reduced pricing. RSVP to [cjohnson@baileys-sanibel.com](mailto:cjohnson@baileys-sanibel.com) or 472-1516.

Talbott Vineyards is based in the Santa Lucia Highlands of California. Their estate vineyards are Sleepy Hollow and Diamond T. The wines are cultivated with a focus on environmentally conscious and sustainable farming practices. There will be tastings of several labels including Kali Hart, Logan and Sleepy Hollow.

Bailey’s Wine Cellar also announced the arrival of their allocated shipment of wines from Mount Peak Winery. These wines showcase the Monte Rosso Vineyard in a red blend, cabernet sauvignon and zinfandel. Each label is now available before going on sale to the general public (at the service desk on a first-come, first-served basis). Gravity, the 2014 Red Blend, was rated 95 points by *Wine Advocate* and is available for \$42.89. Sentinel, the 2014 Cabernet Sauvignon and Rattlesnake, the 2014 Zinfandel, both received 92 points from *Wine Advocate* and are available for \$53.59 and \$37.59, respectively. A 10 percent case discount is available for purchases of six bottles or more.\*

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# Island Couple Donates To Zonta Foundation

submitted by Sue Denham

What do you do with a Jaguar you no longer want? If you are Carl and Sue Nelson of Little Canada, Minnesota and Sanibel, you turn it into a donation to the Zonta Foundation of Sanibel-Captiva that, together with the Zonta Club, raises and distributes funds to local organizations that serve the cause of empowering women and girls. And it makes it easier that this Jaguar is a car, not the wild cat. The Nelsons are friends and clients of Zontian Robyn Moran, who had impressed them with information about Zonta and the important work the club and foundation perform. When the couple decided to purchase a new car for use during their time on Sanibel, they said, "Why not donate the proceeds of the Jaguar trade-in to a local organization?" Once the necessary business was completed, they wrote a check to the Zonta Foundation for \$2,000. Moran, who serves as Zonta Foundation treasurer and is a Zonta past president, noted that the Nelsons' generous donation will go to work immediately in support of Zonta's causes. "No matter how successful Zonta gets at raising funds, the needs continue to grow," she said. "Hurricane Irma put many Zonta grantees and the women they serve in immediate need of funds for food, gas and other basic necessities – this wonderful donation will be put to very good use in the coming months." Zonta's annual grants process is under way, and major grants will be distributed in January. Eleven interim grants of \$500 each for hurricane relief have already been made to agencies in the system for major Zonta grants in



Sue and Carl Nelson photo provided

January. Zonta relies on its signature home tour, A Peek at the Unique, for the major portion of fundraising. The 17th annual Peek is set for Saturday, March 10, 2018 and planning is under way. "Anyone can join Carl and Sue Nelson and become a Zonta benefactor," said President Nancy Dreher, "you don't have to wait for the annual Peek. We appreciate this donation so much and all the support we receive." Checks made out to Zonta Foundation of Sanibel-Captiva may be mailed to P.O. Box 1244, Sanibel, FL 33957. Or visit [www.zontsancap.com](http://www.zontsancap.com) and click on "Donate." Gifts to the Zonta Foundation, a 501(c)3, are tax-deductible per IRS rules. The Zonta Club of Sanibel-Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to strengthen women's lives on the islands, in Lee County and around the world through Zonta International.✽

# Sanibel Law Office Renews Accreditation

The Law Office of Janet M. Strickland, PA, located at 2340 Periwinkle Way on Sanibel, has once again met the accreditation standards required by the Better Business Bureau (BBB) for renewal with the organization. Strickland's law office wants potential customers to feel comfortable when choosing them. The BBB seal will help customers understand who they are and the core values they believe in.

BBB Accreditation means that the Law Office of Janet M. Strickland adheres to very high ethical standards. People know they can trust a company that has made the commitment to live up to the BBB principles for trust: Build Trust, Advertise Honestly, Tell the Truth, Be Transparent, Honor Promises, Be Responsive, Embody Integrity, Safeguard Privacy. Being affiliated with the BBB shows that Strickland's law office is one of a select group of businesses in the community that not only supports the BBB's services but also subscribes to the idea that ethical business is good business and that you "deliver trust" by treating the public in a fair and honest manner.✽

# CHR Hosts Lunch For Mardi Gras Volunteers

Community Housing & Resources (CHR) hosted its first volunteer luncheon for Mardi Gras 2018 at Doc Ford's Rum Bar & Grille recently. Event chair Calli Johnson, Master of Ceremonies Arlene Dillon and CHR Executive Director Melissa Rice welcomed and thanked volunteers for this year's Mardi Gras fundraiser, to be held on February 10 at The Community House. The discussion included information about volunteer positions as well as new activities for Mardi Gras 2018. The first order of business was to thank Doc Ford's for sponsoring Mardi Gras as well as hosting the first volunteer meeting. CHR thanks Brenda, Marty, Kim, Liz and all of the Doc Ford's staff for their generous donation

and service. The discussion moved to new activities at this year's event. In order to completely transform The Community House into Bourbon Street for the evening, games of chance including craps, roulette and blackjack will be among the opportunities for revelry that evening. Guests can look forward to the bourbon bar, riverboat polaroid booth and other surprises. "We look forward to presenting The Porch Dogs as our live zydeco band," said Dillon. "We are excited about our games of chance, magicians and fortune tellers. Stay tuned for more information about the event as February 10th draws near." For tickets and sponsorship information, contact Melissa Rice at CHR, at [melissa.rice@sanibelchr.org](mailto:melissa.rice@sanibelchr.org) or 472-1189. All proceeds go to support CHR's mission of providing affordable housing to individuals and families that live and work on Sanibel.✽

# Duck Stamp

From page 18 via email. "Conservation Art Day has grown into a day of wildlife art that pays homage to the legacy of conservation art begun by the refuge's namesake, Jay 'Ding' Darling, a Pulitzer Prize-winning political cartoonist and the original duck stamp artist," added Westland. Geared toward families and art enthusiasts, the day will offer participants the choice between a photography tram workshop on Wildlife Drive, compliments of nature photographer Terry Baldwin and Tarpon Bay Explorers (for the first 30 to reserve at 472-8900); and a Make & Take Nature Portrait class with Painting with a Twist of Fort Myers for the first 25 children who sign up that day. The day's full schedule is posted online at [www.dingdarlingdays.com](http://www.dingdarlingdays.com).✽

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# Rotary Happenings

submitted by Shirley Jewell

Already our calendars are getting filled with island events that mark the beginning of pre-season and season. Snowbirds are arriving and, after a few days of evaluating any damage to their properties from Hurricane Irma, are anxious to get back into the social whirl of Sanibel and Captiva activities. As we all know, as of last January, the beautifully remodeled and restored Community House reopened and provides the perfect place for many of those island activities. So, it was time to check in with Teresa Risk-Hall, The Community House executive director, for an update on Community House goings-on this season and what community members can look forward to from the new culinary center.

The Community House and Sanibel-Captiva Rotary have had a long-time relationship and when The Community House first began its fundraising activities a couple of years ago to rebuild and restore, Sanibel-Captiva Rotary led the way with a donation of \$75,000 from the club and another \$20,000 or so from individual Rotarians to support the cause.



Teresa Riska-Hall

photo provided

When Riska-Hall came to the podium last Friday, she thanked Rotary for their financial support of The Community House rebuild and gave a rundown on how that support was used in the rebuild project: \$50,000 was designated to outfitting the stage area with curtains, sound and light equipment as well as the building of a power lift for access to the stage for the handicapped; \$20,000 for the culinary center's children cooking program; and \$5,000 for sponsorship of Rotarian John Danner in the first ever Cooking with the Islands Stars fundraiser. Individual Rotarian donations where

used in the culinary center/kitchen for a three-compartment sink and faucet fittings, ice machine and shelving.

Anyone who has visited the renovated Community House knows that this financial investment by Sanibel-Captiva Rotary and Rotarians has been well used and all of us are impressed with the beautiful outcome of construction and the functionality of the building for community events.

Riska-Hall told us that, "Event booking is key to financially sustaining The Community House and with the return bookings of community organizations, non-profits and businesses for meeting and social event space, The Community House event calendar is filling up." New event planners are taking advantage of the refitted facility and the well-designed space. Community members and businesses are able to use this space for personal and business happenings. Get your event booked now, before it's too late.

The new Community House Culinary Center, with professional Chef Jarred Harris at the helm, has become a magnet for community members and island visitors. They can participate in culinary programming, from hands-on cooking classes to cooking demonstrations, with a broad range of culinary learning opportunities. This season, the culinary education program is being sponsored by The Sanibel Captiva Trust Company. I can tell you from a personal perspective, Chef Jarred's classes are extraordinary.

Sign up for one and you won't be disappointed.

Chef Jarred is also the cooking guru in charge of the Cooking with Kids program sponsored by Sanibel-Captiva Rotary this year. The program began last spring with classes for home-schooled children, continued through the summer as part of the Sanibel Recreation Center summer program, and is continuing through season with special menus and hands-on cooking classes (scholarships available).

Another new offering is children's theater classes and presentations by the Creative Theater Workshop. My grandson and I went this past weekend to see their *Annie's Kids* production and it was wonderful. Starting November 30 will be *Elf Junior*. Don't wait to get your tickets. There are only six performances and tickets will sell out soon.

Don't forget the regular monthly pot-luck dinners. It's old Sanibel at its best.

A membership drive will be starting soon and volunteers are needed.

Good things are happening at The Community House. It's the new place to be and be seen.

Our thanks go out to Riska-Hall for managing the enormous project of restoring, rebuilding and reopening of The Community House. You are doing a great job.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.\**

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Will Power

# Where Are You From?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

So, where are you from? And if you own a residence in Florida and haven't declared Florida residency yet, why haven't you yet? In case you haven't heard, living here can substantially decrease your tax bill. In contrast with 44 other states (including Washington, DC), Florida doesn't impose a state income tax.

In 2017, 15 states (Connecticut, Delaware, Washington, DC, Hawaii, Illinois, Maine, Maryland, Massachusetts, Minnesota, New Jersey, New York, Oregon, Rhode Island, Vermont and Washington) impose an estate tax, while six states (Iowa, Kentucky, Maryland, New England, New Jersey and Pennsylvania) levy an inheritance tax. One state even taxes gifts (Connecticut).

By making your Florida residence your legal homestead, not only can you shed many of the taxes discussed above, you may also enjoy a property tax break due to the "Save Our Homes" property assessment cap that serves to limit each county's tax appraiser's ability to increase the assessed value of your homestead for property tax purposes.

Especially if you own a residence both here and somewhere else and your current state imposes income, estate, inheritance or gift taxes, why would you remain a legal resident of that other state? The answer isn't necessarily that you don't spend enough time here in Florida. In fact, Florida really doesn't care how long you stay here, so long as you take the necessary actions to establish residency which typically includes registering as a voter, obtaining a driver's license, declaring Florida homestead and disassociating yourself from the residency of your former state.

And that's where most of the issues arise. It's really not so much whether you can establish Florida residency under Florida law – that's the easy part – it's really all about whether you can successfully disassociate yourself under the statutory provisions of the state from which you formerly legally resided.

One important note of which everyone should be aware: if you have "source income" that is earned in another state, then that income will likely continue to be taxed in that state regardless of your residence. A classic example of source income is that earned in your employment or business activity in that state. Another example would be rental income from real estate located in that state.

In contrast, you may save considerable tax sums from interest, dividend, capital gains, IRA, 401(k) and similar accounts should you successfully break from your former state of residence. Breaking from that state doesn't necessarily mean that

you should sell your residence there. You just need to be aware of the rules that each state has created to determine who they consider a resident for tax purposes.

New York, New Jersey and Pennsylvania are examples of states that consider an individual a resident if that person spends more than 183 days in the state. They may also consider where your spouse and minor children spend a considerable amount of time when deciding whether you fit under their taxing umbrella. Minnesota recently considered some of the most draconian residency laws that beg to be challenged in court.

By and large, the individual states don't want to lose tax revenue – especially to their residents who own homes in tax-friendly Florida, and are looking for any and all means available to retain their citizens as state taxpayers.

I'm often asked how the states determine how many days you're actually there. With today's technology, there's a number of means available. If a former resident has filed his last state income tax return, and the state decides to audit whether he has established residency elsewhere, it may decide to subpoena credit card, cell phone records or even flight receipts.

To remove yourself as a taxpayer from a northern state, you may want to consider a two-step process. The first step is to take the necessary actions to become a resident of Florida, with the second step including taking steps to abandon your former legal residence. When becoming a Florida resident, in addition to declaring homestead, obtaining a voters registration and driver's license, one should consider changing your address for passports, Medicare, Social Security and tax returns, as well as keeping a log of your travel.

When abandoning the old state residence, so long as you don't have any "source income" in that state, filing a final state income tax return appropriately marked "FINAL" at the top of the return would be appropriate. If there is such a thing as a homestead declaration in your other state, you should renounce that declaration (which is also a Florida requirement). You would want to change your primary physician to Florida and change your legal documents, among other things.

If you decide to join those of us who agree that Florida is a great state to reside, you will have plenty of company. Florida recently overtook New York as the third largest state by population, behind only California and Texas. We welcome nearly 1,000 new residents every day.

So I ask again, if you own a residence here but are legally domiciled in a state that imposes its own income tax, estate tax, inheritance tax and/or gift tax in addition to what you pay the federal government, why aren't you already one of us?

To find out more about declaring Florida residency and escaping your former state's taxing authority, register for a free estate planning workshop to held Friday, November 3 from 2 to 4 p.m. at The Community House on Sanibel. Attendees will receive a free copy of my book, *The Florida Residency & Estate Planning Guide*. Please contact Gina at 332-3831 or visit [www.sbslaw.com/workshops](http://www.sbslaw.com/workshops) to register.

©2017 Craig R. Hersch. Learn more at [www.sbslaw.com](http://www.sbslaw.com).

## Top Ten Books On The Island

- |   |   |
|---|---|
| 1. <i>Cuba Straits</i> by Randy Wayne White         | 4. <i>Two by Two</i> by Nicholas Sparks       |
| 2. <i>Lessons From A Turtle</i> by Sandy Gingras    | 5. <i>Haunted</i> by Randy Wayne White        |
| 3. <i>Florida's Seashells</i> by Blair Witherington | 6. <i>Deep Blue</i> by Randy Wayne White      |
|   | 7. <i>Island House</i> by Nancy Thayer        |
|   | 8. <i>Summer That Made Us</i> by Robyn Carr   |
|   | 9. <i>Alice Network</i> by Kate Quinn         |
|   | 10. <i>The Cuban Affair</i> by Nelson DeMille |
|   | Courtesy of MacIntosh Books and Paper.        |

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Bank of the Islands staff displaying a variety of shirts for sale

photo provided

## Bank Selling CROW's Taste Of The Islands Shirts

**T**aste of the Islands shirts are now available for purchase at Edison National Bank/Bank of the Islands, located at the corner of Periwinkle Way and Casa Ybel Road. Show your support of the Clinic for the Rehabilitation of Wildlife (CROW) by wearing an official, limited-edition Taste of the Islands shirt.

The 36th annual Taste of the Islands shirt features a design by local artist and CROW volunteer Joan Mikelsons and a list of participating restaurants. They are available in a variety of colors. All tank tops are \$20; small, medium and large T-shirts are \$22; all other

sizes are \$25. The shirts are also for sale in the CROW gift shop and will be available at the event.

Taste of the Islands will be held on Sunday, November 12 from noon to 5 p.m. at Sanibel Community Park. Admission and CROW Bucks are available online or at the gate. Admission is \$7 and free for children under 12 years of age.

Taste of the Islands is CROW's signature fundraising event which showcases the vibrant and diverse restaurants of Sanibel and Captiva. The family friendly event also features live entertainment. Attendees can also go inside The Community House, meet CROW's animal ambassadors and bid on silent auction items.

For more information, visit [www.crowclinic.org/articles/36th-taste-of-the-islands](http://www.crowclinic.org/articles/36th-taste-of-the-islands).✽

From page 23

## Jazz Festival

the emotional core, Stokes will not disappoint the rocker who likes blues grooves on top of it all. The band consists of a group of long-time friends and delivers the goods with tasteful grooves over Stokes' originals, alongside creative arrangements of covers.

Matt Schofield – an English blues guitarist and singer. His band, The Matt Schofield Trio, plays their own material; a blend of blues, funk and jazz as well as covers of blues classics such as Albert Collins' *Lights Are On, But Nobody's Home*. Schofield is regarded as one of the most distinctive and innovative British blues guitarists, and has been rated in the top 10 of British blues guitarists by *Guitar & Bass Magazine*. Schofield's prowess has taken his band to 12 countries, he has played with musicians including Buddy Guy and Robben Ford and brought a note in the *Penguin Book of Blues Recordings* as one of only two living British artists to gain the maximum four-star rating. He has also been admitted to the British Blues Awards Hall of Fame.

Elvin Bishop's Big Fun Trio – Elvin Richard Bishop is an American blues and rock music singer, guitarist, band leader and songwriter. He was an original

member of the Paul Butterfield Blues Band. Bishop was inducted into the Rock and Roll Hall of Fame in 2015 and the Blues Hall of Fame in 2016.

Tickets are \$40 regular entry and \$125 VIP. Ages 15 and under are \$15. Tickets are available at Bailey's General Store, George & Wendy's Sanibel Seafood Grill, The Sanibel Café, Sanibel Captiva Community Bank, from members of the Sanibel Captiva Optimist Club, online at [www.sanibelbluesandjazzfest.org](http://www.sanibelbluesandjazzfest.org) and on the Facebook page where you can also participate in the opportunity to win two free regular entry tickets. VIP package covers food, beverages, VIP area seating, VIP parking and a festival T-shirt.

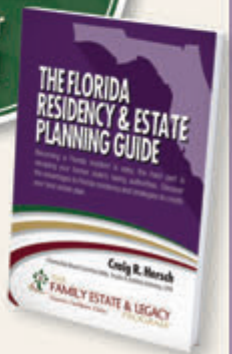
Beer, wine and food will be available on the property for purchase provided by George & Wendy's Sanibel Seafood Grille and Bailey's. General Store. All proceeds from the festival will benefit the Optimist Club's college scholarship program, youth programs at the JN "Ding" Darling Wildlife Refuge and Community Housing and Resources, among others.

If attendees plan to come by car, they are encouraged to carpool before entering the causeway to the island. On-island parking is limited and will be available with transportation to the festival site. Attendees are also encouraged to ride bicycles. There will be free valet bike parking.✽

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**Thursday, November 2**

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**Friday, November 3**

2:00 p.m. – 4:00 p.m.

Sanibel Community House  
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**Monday, November 6**

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# Doubters Proven Wrong As Florida Everblades Begin 20th Hockey Season



by Ed Frank

Given little chance of success because there is little interest in hockey in Southwest Florida – as the so-called experts said in 1998 – the Florida Everblades have defied those odds as they begin their 20th season as one of the strongest franchises in the Eastern Conference Hockey League (ECHL). In those past 19 seasons, the local hockey team has missed the league’s postseason playoffs only once while capturing the Kelly Cup, the league championship, in 2012. Front office stability has been the hallmark of the team’s success with Craig Bush, president, general manager and founder, remaining in those roles for the past two decades.

The Everblades have averaged more than 6,000 fans per game during that span while compiling an overall regular season record of 800-430-135. Florida began the 2017-18 season last weekend at Germain Arena with back-to-back wins over the Atlanta Gladiators, 4-3 and 3-1. They face Atlanta again this weekend in Atlanta before returning to Germain next week for three games with the Indy Fuel, Wednesday, Friday and Saturday nights. The far-flung ECHL, now in its 30th year, consists of 27 teams stretching from coast to coast. The Everblades are in the seven-team South Division of the Eastern Conference having won division titles the last two years. Brad Ralph has returned as Everblades coach for the second year. The 36-year-old

Ralph has compiled a 297-149-36 record in his eight years as a head coach. The Everblades are affiliated with the Carolina Hurricanes of the National Hockey League. Over the 19-year history of the Everblades, 57 players have gone on to compete in the National Hockey League. **Red Sox Fire Manager John Farrell** It came as no surprise that the Boston Red Sox last week fired Manager John Farrell as the team was defeated in the first round of postseason play for the second consecutive year, this after winning back-to-back American League Eastern Division titles two years running. In dismissing Farrell, Dave Dombrowski, president of baseball operations, said it was time to make a change. Five names have emerged as possible candidates for the post: Brad Ausmus – recently let go by the Detroit Tigers. Ausmus and Dombrowski have a good relationship as Ausmus worked under Dombrowski when he was the Tiger’s general manager. Alex Cora – the current bench coach for the Houston Astros and a former infielder for the Red Sox. He was interviewed by Dombrowski last week during an off-day in the American League Championship Series between the Astros and the New York Yankees. Ron Gardenhire – the former successful manager of the Minnesota Twins who now serves as bench coach for the Arizona Diamondbacks. He won six AL Central titles in his 13 years as Twins manager. Sandy Alomar Jr. – the first-base coach for the Cleveland Indians, a baseball lifer, and a strong communicator with players. He interviewed for the Boston job in 2011 before the post went to Bobby Valentine who was fired after one season. Jason Varitek – Boston’s former team captain serves as a special advisor for the team. He would be a popular choice for Red Sox fans, although he has not served as a coach or manager for a Major League team.❖

## Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up. **Trash & Treasures Sale** – Saturday, November 4 from 9 a.m. to 2 p.m. Donations of clean “gently used” items are still needed for the Trash & Treasures Sale in November. This annual sale is organized by Island Seniors volunteers at the Center 4 Life. The sale is a huge event for the Island Seniors and all proceeds help support programs such as kayaking, fitness, technology, games, potlucks and the arts. Donations are tax deductible and you may bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3 p.m. Books, clothes, shoes, computers or old TVs cannot be accepted. **Page Turners with Louise Fitzgerald and Ann Hartman** – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center. The featured book for Wednesday, November 8 at 2:30 p.m. is *Being Mortal: Medicine and What Matters in the End* by Atul Gawande. **AARP Driver Safety Course** – Thursdays, November 9 and 16, 1 to 4 p.m. Island Seniors, Inc. is sponsoring the AARP Driver Safety Course. This is a fast-paced, interactive six-hour class for drivers ages 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers, and gain confidence in your driving. After completing the course, you will be eligible for a discount on your auto insurance. Course fee \$20 and AARP members receive a \$5 discount. Register by contacting Ed Vander Hey at 292-4012 and leave a message. You do not need to be a member of Island Seniors to attend but you must attend both classes in order to receive course certificate. **Veterans Tribute and Sunset Social on the Causeway** – Thursday, November 9 at 4:30 p.m.

Complimentary for members, \$5 for non-members. Spend an evening relaxing and watching the sunset with friends. Meet on the causeway. Food will be served at 5 p.m. Bring your beach chair. This event is sponsored by Comfort Keepers. Call 472-5743 if you are interested in participating and for directions to the viewing area (weather permitting). **Coffee & Conversation** – Thinking about Cybersecurity: From Cyber Crime to Cyber Warfare, Tuesday, November 14 from 1 to 3 p.m. This is a new program offered this season; a topic from The Great Lecture Series that includes a video/audio presentation with a social time to follow. Learn about the structure of the Internet, the dangers it breeds and how people are learning to cope. This lecture will cover theoretical views of cyberspace, how information spreads around the world, how viruses attack computer systems, and how special tools and programs block those attacks. Call the center to register. **Crafty Corner: Alcohol Ink on Ceramic Tiles and Shells** – Wednesday, November 15 from 1 to 3 p.m. Cost is \$35 for members and \$40 for non-members and includes two sea shells and two ceramic tiles along with choice of ink colors to decorate with. No artistic abilities are necessary. Class size is limited. Registration and payment must be completed in advance. Call the center for more information. **Games** Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded. **Bridge** – Monday and Wednesday. Register by noon; the game begins at 12:30 p.m. **Mahjongg** – Monday and Thursday at 12:30 p.m. **New: Rummikub** – Tuesday at 1 p.m. **Hand & Foot** – Thursday at 12:30 p.m. **New: Canasta** – Thursday at 12:30 p.m. **Hearts** – Friday at 12:30 p.m.

**Kayaking on Tuesdays** – October 24 and November 7 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required. **Line Dancing Classes on Monday** – October 23 and 30 at 11 a.m. Cost is \$2.50 for members and \$5 for non-members. If you are interested in line dancing, join the group on Monday afternoons during the month of October for an hour of fun. The instructor will review dance steps, then turn up the music. Bring a friend. Register in advance by calling the center at 472-5743. **Fitness Classes** Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. **Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs

and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Connie DeCicco is the instructor. **Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor. **Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor. **Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor. **Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor. For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.❖

SPORTS QUIZ

1. Hall of Famers Tony Gwynn and Rod Carew combined for how many batting-average titles?  
2. How many home runs did Babe Ruth hit in World Series play?  
3. Who is the only football coach to lead the University of North Carolina to multiple ACC championships?  
4. Bismack Biyombo set a Toronto Raptors record in 2016 for most rebounds in a playoff game (26). Who had held the mark?  
5. The Minnesota Wild set a franchise record in the 2016-17 NHL season for victories (49). What had been the team’s highest total?  
6. In 2016, Claressa Shields became the sixth American to win the Val Barker Trophy for best boxer in the Olympic tournament. Name three of the five others.  
7. Si Woo Kim, in 2017, joined three others as the only PGA golfers in the past 25 years to win two tournaments before the age of 22. Name two of the three others to do it.

ANSWERS

1. Fifteen – Gwynn with eight and Carew with seven. 2. He appeared in 10 World Series, and hit a total of 15 home runs. 3. Bill Doolley (1971, ’72, ’77). 4. Jonas Valanciunas grabbed 19 rebounds in a playoff game earlier in 2016. 5. The Wild won 48 games in the 2006-07 season. 6. Louis Laurie (1936). 7. Sergio Norvel Lee (1952), Howard Davis Jr. (1976), Paul Gonzales (1984) and Roy Jones Jr. (1988). Garcia, Jordan Spieth and Tiger Woods.





Tracey Galloway and Kate Gooderham with a donation check

photo provided

## Triathlon Officials Present Donation

Even though the scheduled 7th annual Galloway Captiva Triathlon at South Seas Island Resort was canceled due to Hurricane Irma, officials of the charity event were still able to raise over \$35,000 for Community Cooperative and its Healthy School Pantry Program. The fundraising provides emergency food for more than 6,000 local children and their families each year.

"The success of this event is due to the outstanding coordinated efforts of the event planning team of Ken and Kate Gooderham and Angie Ferguson, as well as our volunteers, sponsors and, of course, the race participants," said Tracey Galloway, CEO of Community Cooperative. "We hope all those who signed up for the race feel proud to know

that the proceeds are benefitting families who need support and help, now more than ever."

"We were disappointed to cancel this year's race due to Hurricane Irma, because we always look forward to seeing all of our athletes have fun, reach goals and make a difference in our community, but the safety of all our volunteers and athletes had to be a priority," said Kate Gooderham of Gooderham & Associates and Southwest Florida Events. "We are grateful for the opportunity to still support a great charity and know that even if the race didn't happen, we are still helping to feed thousands of children across Southwest Florida."

More than 850 adults and 225 children compete annually in the triathlon, with some 70 volunteers working the two-day event. The 8th annual Galloway Captiva Triathlon is scheduled for Saturday and Sunday, September 15 and 16, 2018.✱

## Sundial To Host Pickleball Tournament

The Sundial Beach Resort & Spa Pickleball Classic will be held at the resort's new 12-court stadium from Friday through Sunday, November 3 to 5. Open to players 18 and older, the categories include Men's Doubles, Women's Doubles and Mixed Doubles, ability levels 3.0 to 4.5 with age division placement based on registration.

Players are invited to register at [www.sundialresort.com/play/pickleball-classic](http://www.sundialresort.com/play/pickleball-classic). Registration is \$30 for the first event and \$15 for an additional event and includes a tournament logo shirt and Friday night players' party. The tournament ball will be the Dura 40. Entries are being accepted through October 31.

"We're looking forward to an exciting weekend of pickleball competition and camaraderie" said Sundial General Manager Phillip Starling. "Hosting the Pickleball Classic allows Sundial to grow a new tradition while offering players

and their families a fun-filled resort weekend."

A combination of tennis, badminton and table tennis, pickleball claims the title of the fastest growing sport in North America. Recognizing the sport's popularity, Sundial completed construction of its Plexicushion facility in spring 2017, adding 12 courts to its lineup of resort amenities and public offerings. The stadium provides state of the art facilities in a waterfront setting and offers memberships, instruction and court time.

Sundial was voted the Best Pickleball facility in Southwest Florida and boasts one of the largest facilities of its kind in the state of Florida. The resort courts were chosen by *Pickleball Magazine* to play host to its Level-Up camp earlier this year.

In addition, Sundial Beach Resort & Spa is offering a tournament rate of \$159 for fully equipped studio and island suite accommodations, which includes breakfast for two and waived resort fee. Room reservations may be made at [www.sundialresort.com](http://www.sundialresort.com).

For more information on the tournament and Sundial's pickleball program, call 395-6037.✱

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J. Brendan Ryan, CLU, ChFC, MSFS

That was a bumper sticker I used to see in the winter all over Florida interstates on cars driven by "snowbirds" who were vacationing from the cold winters of the north.

Those bumper stickers seem to have disappeared for reasons unknown to me. But, presumably, the potential bequests, estimated to be in the trillions of dollars, are still intact.

When it comes to passing assets to the next generation, how should they be divvied up? Most people would say that it is only fair to pass equal shares to each offspring, that anything else would not be fair. But is that always the case or are there exceptions to that rule?

Such decisions should be made only in consultation with an attorney, who should be the one to draw up the will and any other papers the effect the bequests. But I can think of several families where equal bequests should not be arranged.

Perhaps the most common example is that of blended families. When divorce

and remarriage lead to families where some of the kids have one but not both parents in common, decisions have to be made about how to divide up the estate, often in ways that do not result in equal shares. It may be desirable to take into account any bequests to kids that are planned by the biological parents.

Another family situation that may warrant unequal bequests includes a child or adult with special physical or psychological needs. And this category should include behavioral disorders such as alcohol or drug abuse. Perhaps a larger portion of the estate should be focused on the future care for those offspring. Or, perhaps equal shares can be allocated to each but with the share of the needy offspring placed in trust for his or her sole benefit and intended to provide for that heir's long-term welfare.

There are, sadly, some families wherein relationships have soured beyond repair. In some of these cases, the mother or father may be intent on partially or fully cutting that child out of all estate plans. An attorney has told me that in these cases, the parent should make it very clear in the will that this move was intended. Otherwise, he says, the slighted heir may try to argue that it was caused by an oversight, an error or a loss of cognitive ability.

A planning topic that is often difficult to navigate is the succession in ownership of a business. Often, one or two offspring become active in the business and thus become the heirs apparent. What about the remaining offspring? Are there enough other estate assets to equalize the bequests? Otherwise, do they come on as silent owners, owning but not having a say in running the enterprise? (Such silent owners usually want periodic distribution of income in the form of dividends while the active owners prefer to plow the earnings back into the business.) In this scenario, it is hard to divvy things up equitably.

An increasingly common family dynamic occurs when a parent needs periodic or ongoing attention in a home-health-care situation. Family members, usually spouses, daughters or daughters-in-law, often volunteer or are kind of drafted to help out even when some paid care is available and affordable. The costs to such family caregivers can be enormous in terms of lost pay, lost opportunity at work, sickness and fatigue. Should Mom or Dad reward that burdened caregiver with a special share of the estate distribution? How will the other siblings feel about that?

In many cases where assets are too monolithic to be divided equally or when there simply are not enough assets to go around, life insurance on the estate owner can solve the problem. A policy payable to the heir who would otherwise be slighted or who has earned special consideration can bestow a chosen amount of tax-free cash. No one but the beneficiary of that policy need know about it. And, if wishes change in the future, a future change of beneficiary is simple, speedy, private and cost-free.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at jbryanclu@aol.com.✴

Water Safety Instructor Course At Rec Center

An American Red Cross Water Safety Instructor Course will be held at the Sanibel Recreation Center from 9 a.m. to 5 p.m. on three consecutive Sundays; October 22, 29 and November 5. The course provides instructor candidates the training needed to teach courses in the American Red Cross Swimming and Water Safety Program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress.

You must be at least 16 years old and able to swim 25 yards of freestyle, backstroke, breaststroke, elementary backstroke, sidestroke and 15 yards of butterfly.

Participants are required to register with the Sanibel Recreation Center over the phone or in person at least 48 hours prior to the course start date. Cost for the course is \$210 for members and \$275 for non-members and includes all course materials.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).✴

EVENT VOLUNTEER REGISTRATION

Pre-Event

☐ Set-Up (tents, tables, etc.)

Saturday, Nov. 11 – 2:00 pm to 5:30 pm

☐ Opening (signs, supplies, etc.)

Sunday, Nov. 12 – 8:00 am to 11:30 am

☐ Parking/Shuttle Assistance

Sunday, Nov. 12 – 8:00 am to 12:00 pm

Event – Sunday, November 12 (choose shift & preferred position)

PLEASE BIKE or use ONLY DESIGNATED Volunteer Parking

Event Site:

☐ Shift 1 – 11:30am-2:30pm

☐ Shift 2 – 2:15pm-5:15pm Overlap for shift change

Parking:

☐ Shift A–11:30am-2:30pm Overlap for shift change

☐ Shift B–12:30pm-3:30pm (at churches which open at 1pm)

☐ Shift C–1:30pm-4:30pm Overlap for shift change

Preferred position:

We cannot guarantee the volunteer position you sign up for. We will contact you prior to 11-12 with your assignment.

Please Plan for T-shirt and packet pick-up at CROW will be Mon Oct 30 and Thurs Nov 2. Times to be announced.

Post Event

☐ Closing (clean up, tear down)

Sunday, Nov. 12 – 5:00 pm to 8:00 pm

Volunteers receive a volunteer t-shirt, free admission, and our appreciation.

For more information, please call Robin Miller at (239) 472-3644, ext. 231.

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You may also fax: 239-472-2334, or mail to CROW, P.O. Box 150, Sanibel, FL 33957.





From left, Andrew Corke, Birgie Miller and David Williams

photos by Jeff Lysiak

From page 1

## Lavatory Exhibit

first of its kind among the 550-plus refuges in the National Refuge System. “This is something we’ve been looking forward to all summer,” Refuge Manager Paul Tritaik told the crowd gathered outside of the exhibit area on October 13. “We were going to upgrade these facilities anyway, but when Birgie (Miller, executive director of the “Ding” Darling Wildlife Society) and Toni (Westland, supervisory refuge ranger) saw an opportunity to create a learning space in this area that’s often overlooked, we jumped at the chance.”

Phase I of Project#LearningLav, completed in early May, included the installation of a mother and baby manatee sculpture along the building’s outer wall, created by Fort Myers artist Andrew Corke. Both manatees are made out of recycled bicycle tires, donated for the project by Billy’s Bikes on Sanibel. The second phase of the project included the addition of educational messaging inside the lavatories and on the outdoor wall leading to them.

“We recognized that we were running out of space inside the Visitor & Education Center for new exhibits and interpretation,” said Sarah Lathrop, assistant director of the “Ding” Darling Wildlife Society. “We also realized how many visitors would come up to use the restrooms, but then walk past the center and head out on the Wildlife Drive.”

The floor-to-ceiling paintings – created by North Carolina artist David Williams, who also created the refuge’s welcome arc at the base of the entrance boardwalk – feature 2D and 3D sculptures of wildlife that can often be seen at the refuge.

“From aquatic species like manatees and mullet to birds that fly in the sky, visitors will learn more about the wildlife that calls the refuge home and how complex and productive the mangrove ecosystem is,” Lathrop added. “We hope visitors leave with even more inspiration to protect our wonderful wildlife and green (and blue) spaces all over the world.”

In addition to the paintings of mangroves, manatees, sea turtles, fish and birds, the installation will also include educational “bubbles” with fun facts about the flora and fauna featured on the walls, “Did You Know?” information



Tony Scoville checking out the bald eagle sculpture inside the men’s restroom

about the mangrove ecosystem and its productivity, along with flip-up panels with additional data. Some of those final touches are still works in progress.

Once the Project#LearningLav is completed, visitors will also be given an activity sheet on which they can complete quizzes on the animals and wildlife featured on the restroom walls.

“We’ve got a captive audience here for about a minute and a half,” Westland said of the restroom exhibits. “But I think now, people are going to be staying in there longer.”

At last week’s exhibit unveiling, Miller took time to recognize project committee members – including her creative team Andrea Conners, MaryBeth Greenplate, Amy Herd, Marilyn Kloosterman, Emily Koval, Jen McSorley, Toni Ory, Monica Scroggin, Sheridan Snell, Christine Szymanczyk and Ann-Marie Wildman – along with implementation team members Carrie Alexander, Nate Caswell, Jeff Combs, Joann Hinman, Sierra Hoisington, Kathy McCabe, Birgie Miller, Paul Tritaik, Chelle Walton, Sarah Lathrop and Toni Westland.

“We are proud to say we now have the coolest bathrooms on the island and in the entire national wildlife refuge system,” said Miller. “It’s all about stop, look and listen.” ❄️❄️



Cutting the toilet paper ribbon to open the exhibit, from left, Paul Tritaik, Doris Hardy, Nate Caswell, Toni Westland and Birgie Miller



A pelican feeding on fish is one of the 3D sculptures found on the exterior ceiling



A loggerhead sea turtle and a river otter are found inside the women’s restroom



Beautifulife:

# Be Content



by Kay Casperson

Why is it so important that we find a way to be content in life? Why is it that so many people have such discontentment? Being discontent leads to

unhappiness, anxiety, conflict and overall problems in our own lives and also in our relationships.

We live in a society that places big demands on ourselves, our children and our relationships. There is information overload and ways to accomplish so much more in such a small period of time and it seems like it is a never-ending Ferris Wheel that is hard to get off. You may be someone who is constantly striving for more or different or better, yet never seem to be grateful and content with the things you already have. When was the last time you stopped and looked around to appreciate everything in your life and to say I am content, I am grateful and I am happy?

I am a big believer in always having dreams and goals, but I am also a big believer that true success is finding happiness. How do you find happiness? It is when you open your heart and mind to understand that everything really is OK and to give thanks and gratitude for all that you have and for the people that are in your life.

We have all witnessed people that are constantly stressing out about where they think they should be

or why they are not further along towards accomplishing certain goals. They are bummed out that they have not accomplished more already and it seems that they continue to miss out, so to speak, on the important moments that are happening right in front of them, moments that should be cultivated and cherished.

These are the same people that continue to experience certain problems in life and it seems at times their world around them starts to tumble and crumble. Yes, they continue on but if you have noticed, they leave behind remnants of broken pieces that can't be put back together and some of these happen to be relationships and people that have been affected.

I can't stress enough the importance of having this delicate balance between determination, going for the goal and being content with what you already have. I encourage you to take a closer look at your own life and how you can learn to be content as well as to encourage others to do the same. Contentment is an extremely important aspect of living your most balanced beautiful life.

My affirmation for you this week is: "I am content, I am grateful and I am happy with who I am and with all that I have in my life."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva Islands and in Disney. Casperson has lived on Sanibel and Captiva Islands for many years with her husband and two daughters and enjoys her beautifulife everyday. For more information, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow her on social media @kaycasperson.\*

Doctor and Dietician

# Are Avocados Healthy?



by Ross Hauser, MD  
and Marion Hauser, MS, RD

I was recently talking to a family member who couldn't believe that I eat avocados. They asked, "Aren't those just loaded with fat? How can you eat those?"

The monounsaturated fat in avocados provides you with "good fats" that are very difficult to get in the typical American diet. Monounsaturated fats can help protect your heart by lowering LDL (bad cholesterol) while raising HDL (good cholesterol). They also contain fiber, lutein, potassium, Vitamin E and the phytonutrient beta-sitosterol, which can help maintain healthy cholesterol levels and promote eye health.

Avocados are one of those good-for-you foods, providing you with a fat that contains a lot of added nutrition,

so it makes for a food good choice. However, if you are supposed to be following a lower fat diet, you will need to limit your portion sizes of avocados.

Avocados are sodium and cholesterol-free, but have five grams of good fat per serving. The calorie (40) and fat content of 1/6 of an avocado is equivalent to 1 tsp of butter. Yes, the fat is considered "good fat" since it is monounsaturated, but you still need to count the calories and fat. Too much of a good thing can still be "too much." Remember, an entire avocado counts as 6 servings of fat. Sprinkling the avocado with a little lemon juice and tightly wrapping it in plastic wrap will keep it fresh in the refrigerator until the next day.

Don't shy away from avocados. They do the body good! Here's one of our favorite ways to enjoy avocados:

- Guacamole
- 2 avocados, mashed
- 1/2 cup onion, finely diced
- 2 Tbsp fresh cilantro, finely chopped
- 1/2 tsp cumin
- 1/2 tsp salt
- Pinch of garlic powder
- 1 Tbsp fresh squeezed lime juice
- Mix together and top with fresh diced hot peppers and tomatoes.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).\**

# Lecture On Osteoarthritis

FISH of SanCap, along with Lee Health, will host Osteoarthritis: Joint Us For The Journey on Tuesday, October 24 from 4 to 6 p.m. at The Community House. Light refreshments will be provided. RSVPs are required. This seminar is funded through the Wells Fargo Community Award Grant.

Most do not know that one in five adults have some type of arthritis. This informative lecture, presented by Sharon Krispinsky, RN, BSN, CDE, will address osteoarthritis, including foods that help with the inflammation caused by the condition. The lecture

will explore the osteoarthritis risk factors, non-pharmacologic treatment and medications used to treat this condition. The speaker will also discuss a complimentary community program designed to teach individuals how to self-manage chronic pain conditions.

"Joint Us for the Journey" is going to be very insightful," said Kathy Y. Monroe, MSG, FISH program director. "Participants will learn about the non-medicated ways to manage joint and arthritic pain. I think this is an interesting alternative approach because it is a method that will leave you without chemical residual in your system."

For more information or to RSVP, contact Kathy Y. Monroe at 472-4775. RSVPs are required by October 20.\*

# Dealing With Grief During The Holidays

Sanibel Community Church will offer GriefShare's Surviving the Holidays seminar on October 23 and 30 as well as on November 6 and 13, from 5 to 7 p.m. in Room 130 (by the walkway to Jerry's Foods).

If you are grieving a loved one's death, this seminar will give you practical suggestions and reassurance through video interviews with

counselors, grief experts and others who have experienced the holidays after their loved one's death. Topics include how to deal with hard-hitting emotions, what to do about traditions, helpful tips for surviving social events, and where to find comfort, strength and hope for the future.

Those who attend will receive a survival guide filled with practical tips, encouraging words, journaling ideas, and exercises for daily help throughout the holiday season. Participants are welcome at any and all sessions.

For more information, contact Jim and Diana Eriksson at 865-386-6337.\*



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dearRPharmacist

## Vegas Shooter Was On Psyche Meds



by Suzy Cohen, RPh

**Dear Pharmacist:**

The country was dazed and mortified by the mass killing in Las Vegas in which Stephen Paddock opened fire on the concert crowd from his Mandalay Bay hotel room.

I was actually in Mandalay Bay for a conference on the same days he was there. I left before it all went down.

As soon as I heard what happened, I just knew medications were involved. The fastest way to go from normal to insane, is with a drug, usually one that alters brain receptors like those prescribed for anxiety, insomnia or severe depression.

Paddock was, in fact, taking a benzodiazepine drug called diazepam (brand Valium), and it was prescribed several months before the massacre. He was supposed to take one 10mg tablet a day.

Did he stay on the drug?

Did he take more than prescribed?

Did he combine it with other medications or alcohol?

Did he suddenly stop it and plunge into severe withdrawal?

Unfortunately, these are questions for which we might never get answers.

I'm certainly not blaming Valium or any benzo for a gunman gone mad. That would be ludicrous. Millions of people take these types of drugs without becoming psychotic. Some benefit. But the news has thrown the anti-anxiety medication into the spotlight, with many folks debating the regulation of prescription psyche drugs.

You could certainly make the case that the diazepam was an epic fail, and Paddock's mental disturbances triggered the crime. But the problem is that it was all intentional and pre-meditated.

There are many people, especially those in the anti-benzo community, who would make the argument that

medications precipitate or induce the rage and insanity that underpins these types of crimes.

A 2015 *World Psychiatry* study of 960 Finnish adults and teens convicted of homicide found that the odds of them killing someone were 45 percent higher during the time frame they took psychoactive medications.

It's well documented that benzos cause personality changes and delirium similar to alcohol since both act on the GABA receptor. GABA is released while you sleep. Both benzos and alcohol bind to GABA receptors and should tranquilize you, but paradoxically, the opposite occurs and you experience just the opposite. If combined with the "FQ" antibiotic class, or corticosteroids or antidepressants, the brain disturbances become even greater.

As an example, a drunk person gets violent and abusive instead of dozing off like you might expect with high GABA. While unusual, benzo use does have the same pharmacological potential to alter personality and cause aggression just like alcohol. That said, do not stop any medications abruptly.

Improper discontinuation of psychoactive medications can result

in severe neurological consequences, aggression and suicidal ideation. The reason is because once the GABA is withdrawn, there's no more calming chemicals to offset the anxiety-producing ones. For that reason, psychoactive medications must be tapered. For those of you interested, I have a longer article at my website, so sign up for my newsletter at [www.suzycohen.com](http://www.suzycohen.com)

There is a weird irony that could take place. Concert survivors or their family members may develop anxiety, nightmares, phobias or PTSD. The irony is that they will most likely be prescribed a benzo similar to the one Paddock took. Benzos are prescribed frequently and without too much thought. Experiencing grief is a natural part of life. There are safe herbal ways to induce tranquility. There are many qualified therapists and professionals who can help, so please consider non-drug interventions before the benzo.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).* ✨

## Got A Problem? Dr. Connie Is In



by Constance Clancy-Fisher

**Q:** My older sister is a perfectionist, and it drives me crazy. How can I help her to lighten up and overcome this?

**A:** Your sister was your parent's experiment. Most

likely, she was trying to please them and created this trait from a very young age. Perfectionism stems from early in life of trying to be perfect for others.

At the core, we all want to be loved and admired. We have a sense that if we do everything perfectly that we will receive that love. Perfectionism is also an attempt to avoid any kind of rejection, hurt and pain. Perfectionism is a desire for love and acceptance.

Life is full of mistakes and learning lessons. We are going to make mistakes, and this is ok, because there in lies powerful lessons that help us to grow and learn. Our greatest lessons come from our biggest mistakes. Mistakes are nothing to be ashamed of.

One of the ways to begin to let go of being perfect is to surrender to right here, right now, in this moment. It's all we have. Learn to cut corners. You don't have to bake the cake from scratch. When you can surrender to the moment of what is, you are already perfect. You don't have to strive for more. Just be the best you can be in the experience, and you are already achieving excellence.

One thing to remember is that we are human beings having an

experience. This does not constitute having to be anything more. Perhaps you feel the need to challenge yourself to be better in your work and in your relationships. While that is a worthwhile goal, just don't slave over every detail and drive yourself into a downward spiral trying to do it perfectly. If you let go of trying to control the outcome in order to receive the love and acceptance you are striving for, you will be able to let go of the fear and accept just where you are in this moment. By letting it all unfold, you are welcoming the life you are meant to have and trusting the process. By trying to control, you are living in fear and this only brings constant stress and anxiety.

Perfectionists need to work on self-forgiveness daily. Nothing has to be perfect. If you live in this world, change it and embrace imperfection while creating and cultivating moment-to-moment awareness and acceptance of yourself now.

Learn to forgive yourself and others. Learn to laugh everyday. Laughter loosens up the solar plexus and frees you from tension you hold in your body. Using humor creates enough dopamine and endorphins to handle those stressful times.

Learn to surround yourself with loving, non-judgmental people who accept you just as you are. When you learn to let go of controlling every detail of your life, you will be in a place unlike one you have ever experienced. It may feel a bit strange initially, however you will learn to really like being perfectly imperfect.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com). ✨

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Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
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Library - Captiva .....	239-533-4890
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CLUBS & ORGANIZATIONS	
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CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
COTI Committee of the Islands .....	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
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Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club. ....	facebook.com/sancapshellclub
Sanibel Youth Soccer .....	www.sanibelsoccer.org
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
press@islandsunnews.com

# PETS OF THE WEEK

Lee County Domestic Animal Services

## McClaine And Garfield

Hello, I am McClaine. I am a 4-year-old male American staffordshire terrier who can barely contain my excitement about the #FindYourFido event. I think teaming up with the ASPCA this month is the perfect way for my friends and I to find our new homes. I am a classic goofball and free spirit kind of guy. My head is bigger than my body, and I still have that puppy excitement that makes me a ton of fun to be around.



McClaine ID# 713007 photos provided

My adoption fee is \$30. Our cats are getting in on the #FindYourFido action as well! Hi, I'm Garfield. I'm a 2-year-old male domestic shorthair who is your classic cartoon cat. I'm a big softy that likes to hang around in your lap all day. In addition to the \$30 special, our cats are adopt one get one free. My adoption fee is \$30.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.



Garfield ID# 632360

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food. The adoption package is valued at \$500.✧

Haven on Earth Animal League

## Pixie And Frosty



Pixie photos provided

Hi, I'm Pixie. My owners lost their home due to a foreclosure, so I need to find a new place to live. I am a very sweet, declawed 11-year-old girl. I just love to sit on laps, so I would be perfect for an older person that wants a calm kitty. I'm spayed and up to date on all vaccinations. I'm currently staying with a foster family, but a meet-and-greet can easily be



Frosty

arranged. My adoption fee is \$55. Hi there. I'm Frosty. I am a handsome, all white declawed male kitty with beautiful long hair. I'm 7-years old, which is still pretty young. I am very friendly and loving with people, but I prefer to be the only pet in the house. I'm neutered and up to date on all vaccines. I'm living with a foster mom and dreaming of my new forever home. My adoption fee is \$75. We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [havenonearthanimalleague@yahoo.com](mailto:havenonearthanimalleague@yahoo.com).✧



PUZZLES

Answers on page 53

Super Crossword

GOING FOR A SPIN

- ACROSS**
- 1 Entertainer  
Lola  
7 Analogize  
13 Attacking  
like a cat  
20 Eugene  
locale  
21 Canceled  
out  
22 Civil War  
song about a  
maiden  
23 Sidewalk  
material  
24 Place with  
lots of slots  
26 Presently  
27 Sturdy tree  
28 Ponce  
de —  
29 Golf bag  
items  
30 A pilot  
lowers  
it during  
approach  
35 Greasy of  
the gridiron  
38 Love, in  
Livorno  
39 Aid in raising  
heavy  
weights  
45 Grayish  
color  
48 Chi follower  
49 Escaped  
50 Capital of  
Kazakhstan
- 51 Brie and feta  
seller  
54 About  
56 — -Z (old  
Camaro)  
57 Freezing  
58 Bygone New  
York stadium  
59 Suffix with  
Siam  
60 Biohazard  
face wear  
63 Many seized  
autos  
65 iPod maker  
67 See  
83-Across  
68 Weaponize  
69 Place  
to make  
earthen-  
ware  
73 — Aviv-Yafo  
76 Reverses  
78 Bar legally  
79 Chopin  
composition  
81 Custodian  
83 With  
67-Across,  
protein  
source for a  
hive  
84 Conked out  
87 Et — (and  
more)  
88 Big outback  
birds  
89 In —  
(stymied)
- 91 Simple  
forklift  
93 Motive  
96 Put to work  
98 "Evolve"  
singer  
DiFranco  
Porkers'  
pad  
100 Bladers'  
wear  
102 Barrel along  
104 Brit's buddy  
105 Helm locale  
110 Morales of  
"La Bamba"  
113 "Der —"  
(Konrad  
Adenauer's  
nickname)  
116 Never, in  
Berlin  
117 Actress —  
Flynn  
Boyle  
118 Easy-to-  
travel-with  
suitcases  
123 Two-  
dimensional  
125 Arquette of  
"Crash"  
126 1 followed by  
100 zeros  
127 Dines at  
home  
128 Swim at  
a shoal,  
maybe  
129 Stuffed shirts
- 130 Things that  
nine answers  
in this puzzle  
have
- DOWN**
- 1 Central  
2 Vying venue  
3 Bright yellow  
4 To-do list  
5 Prefix with  
stick  
6 Tiny colonist  
7 Occupy  
8 Tremble  
9 German city  
10 Tirana's  
nation: Abbr.  
11 Tattle  
12 Emmy  
winner Falco  
13 "— & Lacey"  
14 Follower of  
"Jean," often  
15 Coach  
Parseghian  
16 Dillydallies  
17 "Nasty"  
Nastase  
18 Maui goose  
19 Old GM cars  
25 Some jazz  
combos  
27 Like a cruel  
beast: Var.  
31 Wee devils  
32 Snouts  
33 Per item  
34 Deep groove  
36 Dry — bone
- 37 Fleur-de- —  
Tide, to fans  
40 Least strict  
41 Decoy  
42 Big spiders  
43 Actress  
Mireille —  
44 Big name in  
big trucks  
45 Capital of  
Ghana  
46 Smithy, e.g.  
47 Relative of a  
user's guide  
49 Have a cow  
52 Tokyo, to the  
shoguns  
53 Warms (up)  
55 Psalm  
starter  
59 Mother on  
"Family Ties"  
61 Late boxing  
great  
62 — gin fizz  
64 Primer  
pooch  
66 Forestall  
67 Iris center  
70 Tijuana gold  
71 Part of TB  
72 In the  
present era  
74 Official order  
75 Like a sieve  
77 Not alike  
80 — Mahal  
81 Actress  
Ryan  
82 Call in  
church
- 83 Crimson  
85 Tick away  
86 Bright star in  
Cygnus  
90 — and Hyde  
91 Ritz  
92 Level  
94 Out — limb  
95 Take home  
97 Arles article  
101 Martial arts  
actor  
Steven  
102 Sales  
pitches  
103 Distend  
106 Metallic bar  
107 Ballet, e.g.,  
in Brest  
108 Object of  
a knightly  
quest  
109 Takes  
home  
110 Is off base  
111 Momentarily  
112 Additionally  
114 Yanks (on)  
115 Von  
Furstenberg  
of fashion  
119 Ballpoint  
fluid  
120 LA-to-IL dir.  
121 Oozy gunk  
122 Past  
123 Chapel  
bench  
124 "— -di-dah!"

1	2	3	4	5	6		7	8	9	10	11	12		13	14	15	16	17	18	19
20							21							22						
23							24						25							
26						27					28					29				
30					31	32				33	34		35		36	37				
			38						39		40	41						42	43	44
45	46	47		48				49						50						
51				52				53			54			55		56				
57					58					59				60	61	62				
63				64			65		66				67							
68				69	70	71						72						73	74	75
		76	77							78					79	80				
81	82							83				84		85	86		87			
88						89	90				91				92					
93				94	95		96			97				98				99		
100						101							102			103				
			104								105		106					107	108	109
110	111	112				113		114	115			116						117		
118					119	120					121	122				123	124			
125								126								127				
128																130				

King Crossword

- ACROSS**
- 1 Stroller  
5 Goya subject  
9 Playwright  
Levin  
12 Emanation  
13 Press agent?  
14 Affirmative  
action?  
15 Stormy, as  
weather  
17 IRS employee  
18 Dwell  
19 Bygone anes-  
thetic  
21 "Monopoly"  
corner  
22 "Car Talk"  
medium  
24 Clone  
27 Solidify  
28 Coconut pro-  
vider  
31 Many millen-  
nia  
32 Lubricate  
33 Afternoon  
social  
34 Ness or  
Lomond  
36 Whatever  
number  
37 Membership  
38 Takes a break  
40 Roker or  
Yankovic  
41 Brother of  
Curly  
43 Public cele-  
bration  
47 Extinct kin of  
the kiwi
- 48 April payment  
51 Boom times  
52 Twice-  
monthly tide  
53 String instru-  
ment  
54 "Holy cow!"  
55 Recedes  
56 Gaelic
- Comedy  
Central  
8 Chipped in a  
chip  
9 Not fully  
developed  
10 Lasso  
11 Hebrew  
month  
16 Tokyo's old  
name  
20 Gratuity  
22 Jockey's  
handful  
23 Partner  
24 Aviv preceder  
25 Court  
26 Grow  
27 Capricorn  
29 Meadow
- 30 Wrestling sur-  
face  
35 Height of  
fashion?  
37 Record  
holder  
39 Backbone  
40 Intent  
41 Self-satisfied  
42 Crosby pal  
43 Dandies  
44 Use a tea-  
spoon  
45 New Mexico  
art colony  
46 Wheelbase  
terminus  
49 Kan. neighbor  
50 Taxi
- DOWN**
- 1 Twosome  
2 Mysterious  
character  
3 Curved paths  
4 Speak evil of  
5 Marceau's  
specialty  
6 Exist  
7 Stewart of

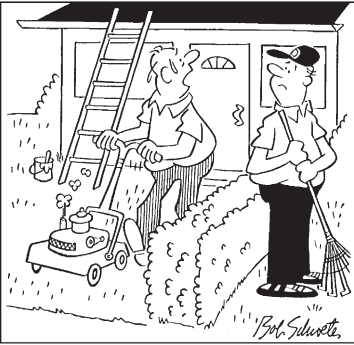
MAGIC MAZE ● FOREFATHERS

K R O L J G D A X V S P N K K  
I F C A X H V T S J Q O Y C L  
J H E C A O T X E V Y R O T R  
P N L J H O N F F D E C B Y R  
X V T R C P F I N L N S P O E  
S M K L I E G O L A K M E L N  
D M O B R R S E H K C A D Z S  
X W A S H I N G T O N D Y W I  
U T O D D R A W R Q I A E O W  
N N L A A J I G F B P S R D C  
A Y M X W J V T S R P O N F L

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Biddle Hooper Madison Washington  
Dyer J. Adams Pinckney Wisner  
Ellery Jefferson S. Adams Wolcott  
Franklin Low Ward





"I never thought I'd be saying I can't  
wait till \_\_\_\_\_!"  
answer on page 55

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Facet  
**SEPTAC**

Attack  
**SHAMBU**

Cover  
**PAYCON**

Create  
**SINGED**

**TODAY'S WORD**

	6		4			7		
2					7	1	5	
	5	8		1				9
3			8			6		
		2			6		4	1
	1			2				7
	3				5	2	7	
		5	9	3				6
1		6		8			9	

SUDOKU

To play Sudoku:  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

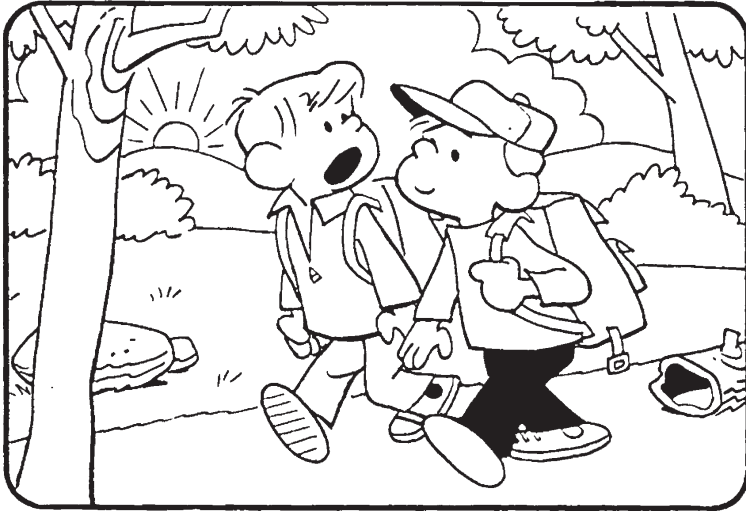
answer on page 53

HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sign is missing. 2. Cap is missing. 3. Jacket is missing. 4. Cuffs are missing. 5. Flashlight is missing. 6. Rabbit is missing.

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	<b>FRIDAY</b> Mostly Cloudy High: 84 Low: 77		<b>SATURDAY</b> Sunny High: 87 Low: 79		<b>SUNDAY</b> Sunny High: 85 Low: 78		<b>MONDAY</b> Sunny High: 80 Low: 73		<b>TUESDAY</b> Sunny High: 81 Low: 74		<b>WEDNESDAY</b> Sunny High: 84 Low: 76		<b>THURSDAY</b> Sunny High: 81 Low: 74
--	--	---	--	---	--	---	--	---	---	---	---	---	--

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	1:20 am	7:57 am	2:49 pm	7:33 pm	Fri	12:25 am	7:59 am	1:54 pm	7:35 pm	Fri	1:40 am	8:30 am	2:41 pm	8:38 pm	Fri	3:30 am	11:13 am	4:59 pm	10:49 pm
Sat	1:40 am	8:32 am	3:30 pm	7:55 pm	Sat	12:45 am	8:34 am	2:35 pm	7:57 pm	Sat	2:05 am	9:08 am	3:23 pm	9:12 pm	Sat	3:50 am	11:48 am	5:40 pm	11:11 pm
Sun	2:03 am	9:09 am	4:12 pm	8:18 pm	Sun	1:08 am	9:11 am	3:17 pm	8:20 pm	Sun	2:27 am	9:44 am	4:04 pm	9:41 pm	Sun	4:13 am	12:25 pm	6:22 pm	11:34 pm
Mon	2:30 am	9:49 am	5:01 pm	8:45 pm	Mon	1:35 am	9:51 am	4:06 pm	8:47 pm	Mon	2:45 am	10:19 am	4:45 pm	10:05 pm	Mon	4:40 am	1:05 pm	7:11 pm	None
Tue	3:02 am	10:34 am	6:00 pm	9:16 pm	Tue	2:07 am	10:36 am	5:05 pm	9:18 pm	Tue	3:09 am	10:53 am	5:24 pm	10:24 pm	Tue	5:12 am	12:01 pm	8:10 pm	1:50 pm
Wed	3:40 am	11:27 am	7:17 pm	10:00 pm	Wed	2:45 am	11:29 am	6:22 pm	10:02 pm	Wed	3:43 am	11:27 am	6:05 pm	10:42 pm	Wed	5:50 am	12:32 pm	9:27 pm	2:43 pm
Thu	4:26 am	12:29 pm	8:43 pm	11:16 pm	Thu	3:31 am	12:31 pm	7:48 pm	11:18 pm	Thu	4:24 am	12:07 pm	6:52 pm	11:05 pm	Thu	6:36 am	1:16 am	10:53 pm	3:45 pm

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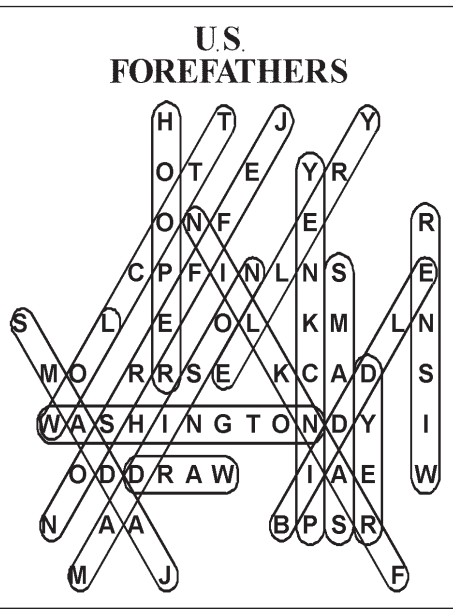
SUPER CROSSWORD

F	A	L	A	N	A		E	Q	U	A	T	E		C	L	A	W	I	N	G	
O	R	E	G	O	N		N	U	L	L	E	D		A	U	R	A	L	E	E	
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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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1	2	6	7	8	4	5	9	3

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## REAL ESTATE

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\*RS 4/29 CC TFN

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### RE/MAX OF THE ISLANDS

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Call Ryan Block  
www.remax-oftheislands.com  
239-472-2311  
\*RS 1/23 BM TFN

### SANIBEL BEACH COTTAGE

Sanibel Beach Cottage. Walk to beach! Old Florida charm with all new updates! Ground-level cottage on private lane. NEW AVAILABILITY Feb/March 2018! Suite 2: 2BR/2BA, sleeps 7. Fully equipped kitchen, separate laundry, wooded backyard w/privacy fence. Outside enclosed H/C shower. Bikes, all beach needs provided. Pets with approval. Min one month.  
Contact Chris: 314-406-7058  
cgbeckner@yahoo.com  
10/20 \* 10/27

## COMMERCIAL RENTAL

### WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.  
\*RS 8/5 CC TFN

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\*RS 1/4 BM TFN

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**239-579-0511**  
\*RS 1/4 CC TFN

## ANNUAL RENTAL

### ANNUAL RENTAL SANIBEL

**East End:** Updated, private UF Townhome, 2 bedrooms/1½ baths + inside laundry room. Tile & carpet. W/S/G-included. \$2,000/mo.

**Lake Front:** This peaceful location is true Island Living. Close to everything. This beautiful updated, UF, piling home offers 3 BR/2 BA, separate laundry room, bamboo floors, lg. scr. porch, 2 car garage + xtra parking. \$2,600/mo.

**Directly Across from Beach:** This custom UF piling home Offers 3BR/2 BA, two floors of living. Custom wood floors throughout, all 'High End' appliances, separate bar, master suite top floor and home has 3 car garage + storage. \$4,250/mo.

### FORT MYERS

**Close to Beaches:** This 2/2 UF condo. fresh paint, new carpet, large screen porch view of lake. Gated community. \$1,300/mo.

**Minutes to Sanibel:** This fully furnished, 3/2 ½ Villa offers 2 living levels, vaulted ceiling/ skylights, 2 car garage, + pool and tennis, in this riverside gated community. \$2,100/mo.



Please call for details  
**472-6747**  
**Gulf Beach Properties, Inc.**  
Helping People Become Islanders for over 35 years!  
The Island Experience!  
10/20 \* TFN

## RENTAL WANTED

### RENTAL WANTED

Wanted 12 month rental on Sanibel. Single quiet female. No pets, great references. price range not over \$1,200 monthly. Please call 1-561-336-8718.  
10/20 \* 10/27

## HOUSE WANTED TO RENT

Nice family with two kids looking for a cozy home on Sanibel to raise a family. Husband and wife both employed on Sanibel and are solid members of the SWFL Community. Please Contact @ 239-233-1204 or 404-354-1521  
10/20 \* 10/20

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Sanibel Lic. #11412 Lee Co. Lic. #051047  
\*NS 1/4 PC TFN

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10/6 \* 10/27

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9/29 \* TFN

### ROGER NODRUFF ELECTRIC

Lic# EC12002788.  
Call Roger 239-707-7203.  
Aqualink - Motor Controls.  
Office & Store Maint.  
\*RS 6/7 CC TFN

### ALZHEIMER CARE IN PRIVATE HOME

24hr Adult care in my home for individuals looking for one on one long-term care for their loved ones, I accept all stages of Dementia/Alzheimer.  
Clean and secure environment, Call for more information  
cellular: 561-509-4491  
home: 239-963-8449  
10/20 \* TFN

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\*RS 1/25 BM TFN

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5/26 \* TFN

## HELP WANTED

### JERRY'S FOODS SERVERS & BARISTAS

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\*NS 5/6 BM TFN

## HELP WANTED

### PART TIME CAREGIVER

Position includes meal preparation, light housekeeping, monitoring medications a minimal personal care. 8 hours weekly in Iona area of Fort Myers.  
Call John at 203-984-0876 to apply.  
10/20 \* 10/27

### LOGISTICS AND PRODUCTION MANAGER

Logistics And Production Manager Needed In Fort Myers To Oversee Construction Projects. Pls Send Resume To Valtex Llc - Flor@Valtexllc.com.  
10/20 \* 10/20

### HELP WANTED

Elder home companion  
4 days per week 4 hours per day for sharp, energetic 91 year old woman.  
Please call 239-472-4068  
10/13 \* 10/20

### SINGERS WANTED

Tenor(s)/baritone(s) able to sight-sing early music reasonably well in a small group (1-2 singers on a part). Objective: fun & sharing great music. Location: Sanibel. Contact Anne-Marie, ambouche@gmail.com.  
9/22 \* 10/20

## BOATS - CANOES - KAYAKS

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\*RS 1/4 NC TFN

## FOR SALE

### FOR SALE



Pub table with four chairs. Great condition. \$150. FIRM  
Call 239-265-0840 and leave message.  
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700 square feet at 1619 Periwinkle Way. Immediate Occupancy. Call Joe Gil 516-972-2883 or 800-592-0009.  
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## ANNUAL RENTAL

### ANNUAL RENTAL ON SANIBEL

2/1 on quiet street 1800  
2/1-1/2 on quiet street 1900  
Dogs okay.  
Email: bstonebudd@gmail.com  
Cell: 239.728.1920  
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Private setting on small lake, 3B/2B, stilt home. Living area, master bedroom & Lg porch have lake views. Enclosed storage on lower level. \$2,200/month 239-223-3536.  
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GARAGE SALE

NEIGHBORHOOD YARD SALE

Fitzhugh And Center Streets  
Sanibel  
Sat. Oct. 21st  
9 a.m. Till Noon  
10/20 \* 10/20

MOVING SALE

Saturday, October 21  
8 a.m. - 1 p.m.  
1575 Bunting Lane, Sanibel  
Furniture, holiday decor, violin, golf bag  
and clubs, Kayak with bike trailer, Airsoft,  
rip stick, Lego Mindstorm and  
other toys and games.  
Much more. Don't miss out!  
Priced to sell!  
10/20 \* 10/20

SCRAMBLERS

1. Aspect; 2. Ambush;  
3. Canopy; 4. Design

Today's Word  
MONDAY

My Stars★★★★

FOR WEEK OF OCTOBER 00, 2017

**ARIES** (March 21 to April 19)  
You're eager to Ram headfirst into that new project. But before you do, find out why some of your col-leagues might not appear to be as gung-ho about it as you are.  
**TAURUS** (April 20 to May 20)  
All that dedicated hard work you've been putting in pays off better than you expected. So go ahead, reward yourself with something befitting a beauty-loving Bovine.  
**GEMINI** (May 21 to June 20)  
It's a good time to take on that new challenge. And if your self-confi-dence is sagging, instead of telling yourself why you can't do it, list all the reasons why you can.  
**CANCER** (June 21 to July 22)

This is one time when you might want to put some distance between you and the job at hand. It will give you a better perspective on what you've done and still need to do.  
**LEO** (July 23 to August 22)  
Resist that occasional lapse into Leonine laziness that sometimes overtakes the Big Cat. Don't cut corners. Do the job right at this time, or you might have to redo it later.  
**VIRGO** (August 23 to September 22)  
You know how you like to do things. And that's fine. But watch that you don't impose your methods on others. A current financial crunch soon eases.  
**LIBRA** (September 23 to October 22)  
Someone might try to take advantage of your generosity. But before your sensitivity toward others overwhelms your good sense, check his or her story out carefully.  
**SCORPIO** (October 23 to November 21)  
Your strong Scorpion sense of fairness lets you see all sides of a dispute. Continue to remain impartial as you help each person work through his or her particular grievance.  
**SAGITTARIUS** (November 22 to December 21)  
Trust your keen Sagittarian insight to help you see through an offer that might not be all it claims. A closer look could reveal disturbing elements.  
**CAPRICORN** (December 22 to January 19)  
With the Goat exhibiting a more dominant aspect these days, you could find it easier to make your case in front of even the most skeptical audience.  
**AQUARIUS** (January 20 to February 18)  
Take things nice and easy as you continue to build up your energy reserves for a big change that's coming with the full Hunter's Moon on Oct. 29.  
**PISCES** (February 19 to March 20)  
Recent news from someone you trust could help you make an important decision. Also, be prepared to confront an upcoming change in a personal situation.  
**BORN THIS WEEK:** You can be firm in your own views, but also flexible enough to welcome the views of others.

THIS WEEK IN HISTORY

- On Oct. 23, 2002, about 50

Chechen rebels storm a Moscow theater, taking some 700 people hostage, and demand that Russian military forces withdraw from predominately Muslim Chechnya. Russian special forces pumped in a narcotic gas, knocking nearly all of the terrorists and hostages unconscious.  
• On Oct. 24, 1969, movie star Richard Burton dazzles wife Elizabeth Taylor when he buys her a 69-carat Cartier diamond ring costing \$1.5 million. The famous diamond was the product of a fight in which Burton called Taylor's hands large and ugly.  
• On Oct. 25, 1929, Albert B. Fall, secretary of the Interior, is found guilty of accepting a bribe while in office. Fall accepted a \$100,000 interest-free "loan" in exchange for granting a valuable oil lease on federal land.  
• On Oct. 26, 1825, the 425-mile Erie Canal opens, connecting the Great Lakes with the Atlantic Ocean. Much of the canal was dug by Irish laborers who had to rely on primitive tools. They were paid \$10 a month, and barrels of

whiskey were placed along the canal route as encouragement.  
**STRANGE BUT TRUE**  
• It was beloved 20th-century American poet, memoirist and civil-rights activist Maya Angelou who made the following sage observation: "Perhaps travel cannot prevent bigotry, but by demonstrat-ing that all peoples cry, laugh, eat, worry, and die, it can introduce the idea that if we try and understand each other, we may even become friends."  
• You might be surprised to learn that in terms of holiday retail sales, Halloween is second only to Christmas.  
• If you're a fan of beer and/or space, you might be interested in Celeste Jewel Beer. This ale, created by Delaware-based Dogfish Head Brewery, has a unique ingredient: moon dust. Yep -- lunar meteorites were crushed into dust, then steeped in Dogfish Head's Oktoberfest offering. The resulting libation, it's said, possesses a subtle but complex earthiness, with notes of doughy malt, toasted bread, subtle caramel and a light herbal

bitterness.  
• Those who study such things say that there is enough phosphorus in your body to make about 250 matches.  
• Bayreuth Festspielhaus is an opera house north of Bayreuth, Germany. The venue is dedicated to the performance of works by Richard Wagner, and the 19th-century German composer himself chose and adapted the design. A key component is the seating: Not only are the seats arranged to give all attendees an equal and uninter-rupted view of the stage, but they're also rather uncomfortable. It's been reported that Wagner intentionally chose exceptionally hard wooden seats to prevent the audience from treating his operas as fun.

THOUGHT FOR THE DAY

"One of the primary tests of the mood of a society at any given time is whether its comfortable people tend to identify, psychologically, with the power and achievements of the very successful or with the needs and sufferings of the underprivi-leged." -- Richard Hofstadter

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes and Bounds	Captiva	1987	2,852	\$1,795,000	\$1,650,000	1002
Glen Lakes	Estero	2007	4,174	\$1,500,000	\$1,323,750	122
Buttonwood Harbor	North Fort Myers	1996	3,205	\$1,195,000	\$1,030,000	142
Metes and Bounds	Sanibel	1979	3,000	\$1,195,000	\$1,050,000	448
Summerfield	Estero	1999	3,067	\$1,050,000	\$985,000	180
Devonwood	Fort Myers	2002	3,799	\$949,000	\$840,000	62
Wildcat Run	Estero	2007	3,945	\$899,000	\$850,000	91
Paseo	Fort Myers	2012	2,327	\$575,000	\$550,000	139
Aster Place	Fort Myers	2008	3,018	\$574,900	\$560,000	206
Jose's Hideaway	Captiva	1995	2,344	\$570,000	\$560,000	34





———— Flat Breads • Outdoor Seating • Island Mojitos ————

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**South Seas Island Resort**  
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